



JIM GALE

FOOD FOREST ABUNDANCE & BREAKING THE SCARCITY SPELL



JOIN PLUS FOR FULL 2HR EPISODES:
THEHIGHERSIDECHATS.COM

1
00:00:04,630 --> 00:00:02,830

[Music]

2
00:00:06,869 --> 00:00:04,640
congratulations youtube

3
00:00:08,310 --> 00:00:06,879
you did it you wore me down and you

4
00:00:10,709 --> 00:00:08,320
sucked me back in

5
00:00:12,150 --> 00:00:10,719
i have too many subscribers here just to

6
00:00:14,230 --> 00:00:12,160
walk away entirely

7
00:00:15,430 --> 00:00:14,240
especially with no alternative that

8
00:00:17,510 --> 00:00:15,440
truly stacks up

9
00:00:19,590 --> 00:00:17,520
and so many copycat channels uploading

10
00:00:22,070 --> 00:00:19,600
my shows for me anyway

11
00:00:24,150 --> 00:00:22,080
but we can't forget the thc's account

12
00:00:25,910 --> 00:00:24,160
here is on thin ice

13
00:00:28,710 --> 00:00:25,920

and so the youtube version of the show

14

00:00:31,589 --> 00:00:28,720

has to be prefaced with this little psa

15

00:00:32,870 --> 00:00:31,599

only to say that episodes that contain

16

00:00:34,709 --> 00:00:32,880

the kinds of themes that have been

17

00:00:37,670 --> 00:00:34,719

regularly banned on youtube

18

00:00:38,389 --> 00:00:37,680

will not appear here and even with that

19

00:00:40,229 --> 00:00:38,399

precaution

20

00:00:42,310 --> 00:00:40,239

there's already enough in the archive to

21

00:00:44,549 --> 00:00:42,320

get us removed so remember that the

22

00:00:45,830 --> 00:00:44,559

higher side chats could be banned or put

23

00:00:48,229 --> 00:00:45,840

in time out again

24

00:00:49,430 --> 00:00:48,239

at any time and i won't be able to tell

25

00:00:51,510 --> 00:00:49,440

you guys about it

26

00:00:53,189 --> 00:00:51,520

so if you feel like it's been too long

27

00:00:55,350 --> 00:00:53,199

since you've heard from me here on this

28

00:00:57,350 --> 00:00:55,360

digital dystopian draconian

29

00:00:59,110 --> 00:00:57,360

data mining monster of a police state

30

00:01:00,990 --> 00:00:59,120

seeking platform

31

00:01:03,750 --> 00:01:01,000

your first step should be to check the

32

00:01:09,910 --> 00:01:03,760

hiresightchats.com for the latest shows

33

00:01:14,149 --> 00:01:11,910

welcome to another free first hour

34

00:01:15,670 --> 00:01:14,159

episode of the higher side chats

35

00:01:17,749 --> 00:01:15,680

i know we want to get into the action

36

00:01:20,149 --> 00:01:17,759

but i have to ask that you help me armor

37

00:01:21,749 --> 00:01:20,159

us up a bit for the bumpy road ahead

38

00:01:24,149 --> 00:01:21,759

because i bring you the first hour of

39

00:01:25,990 --> 00:01:24,159

this show without unrelated ad nonsense

40

00:01:28,149 --> 00:01:26,000

as a proof of concept

41

00:01:30,149 --> 00:01:28,159

and if you value it then come over to

42

00:01:32,230 --> 00:01:30,159

thc plus for the eight dollars a month

43

00:01:34,069 --> 00:01:32,240

and hear the full two hour interviews

44

00:01:35,590 --> 00:01:34,079

as they were designed to be and as you

45

00:01:38,069 --> 00:01:35,600

would enjoy them most

46

00:01:39,590 --> 00:01:38,079

go to thehiresidechats.com or just click

47

00:01:41,350 --> 00:01:39,600

the link in the show notes to get

48

00:01:43,670 --> 00:01:41,360

started and within a minute you'll be

49

00:01:45,510 --> 00:01:43,680

plugging in your new plus show rss feed

50

00:01:48,149 --> 00:01:45,520

into a hopefully decentralized

51

00:01:49,830 --> 00:01:48,159

podcasting 2.0 supported app

52

00:01:51,910 --> 00:01:49,840

feed the things you want to grow and

53

00:01:53,749 --> 00:01:51,920

starve the things that gotta go and we

54

00:02:03,270 --> 00:01:53,759

will reach the promised land

55

00:02:07,830 --> 00:02:05,990

in the 1930s president franklin delano

56

00:02:10,389 --> 00:02:07,840

roosevelt addressed the nation through a

57

00:02:11,270 --> 00:02:10,399

series of radio broadcasts known as the

58

00:02:13,990 --> 00:02:11,280

fireside

59

00:02:15,990 --> 00:02:14,000

chats his aim was to reassure the common

60

00:02:17,190 --> 00:02:16,000

man that our society would recover from

61

00:02:19,910 --> 00:02:17,200

its troubled times

62

00:02:21,430 --> 00:02:19,920

well we're far from 1930 and i deal with

63

00:02:24,150 --> 00:02:21,440

a different kind of fire

64

00:02:26,390 --> 00:02:24,160

for a new era of worldly frustration we

65

00:02:29,270 --> 00:02:26,400

offer a fresh conversation

66

00:02:31,910 --> 00:02:29,280

i'm greg carlwood and these are the

67

00:02:33,430 --> 00:02:31,920

higher side chats

68

00:02:35,509 --> 00:02:33,440

well this is the way higher side

69

00:02:37,670 --> 00:02:35,519

chatters from sunny san diego i'm greg

70

00:02:39,030 --> 00:02:37,680

karl wood and if the events of 2020

71

00:02:41,270 --> 00:02:39,040

showed us anything

72

00:02:42,630 --> 00:02:41,280

it's just how quickly things can change

73

00:02:43,670 --> 00:02:42,640

and just how vulnerable and

74

00:02:46,710 --> 00:02:43,680

unsustainable

75

00:02:48,790 --> 00:02:46,720

our system really is toilet paper panics

76

00:02:50,790 --> 00:02:48,800

supply chain disruptions mask and

77

00:02:51,910 --> 00:02:50,800

temperature check compliance just to get

78

00:02:54,150 --> 00:02:51,920

groceries

79

00:02:57,190 --> 00:02:54,160

and at least for me the closure of our

80

00:02:59,270 --> 00:02:57,200

best resource the local farmers market

81

00:03:01,190 --> 00:02:59,280

we should be thankful it wasn't worse

82

00:03:03,270 --> 00:03:01,200

but let it be a wake-up call that we

83

00:03:04,869 --> 00:03:03,280

won't catch ourselves being so system

84

00:03:06,550 --> 00:03:04,879

dependent in the future

85

00:03:08,949 --> 00:03:06,560

because the way the big machine has

86

00:03:12,070 --> 00:03:08,959

trained us to live is for its benefit

87

00:03:14,229 --> 00:03:12,080

not ours it pollutes the air water and

88

00:03:16,869 --> 00:03:14,239

land and exchanges nutrient dense

89

00:03:19,190 --> 00:03:16,879

organic foods for glyphosate soaked mono

90

00:03:21,430 --> 00:03:19,200

crops and chemical based slab creations

91

00:03:23,430 --> 00:03:21,440

stored in plastic and aluminum

92

00:03:25,350 --> 00:03:23,440

it's time that many of us stop suckling

93

00:03:27,030 --> 00:03:25,360

at the teat of the very industrialized

94

00:03:29,030 --> 00:03:27,040

culture we like to criticize

95

00:03:31,270 --> 00:03:29,040

take the personal responsibility up a

96

00:03:32,390 --> 00:03:31,280

notch and graduate from consumer to

97

00:03:34,070 --> 00:03:32,400

producer

98

00:03:36,309 --> 00:03:34,080

with a little foresight and direct

99

00:03:38,869 --> 00:03:36,319

action we can confidently see that

100

00:03:41,190 --> 00:03:38,879

walmart craft and nestle need us

101
00:03:43,190 --> 00:03:41,200
a lot more than we need them we have

102
00:03:45,110 --> 00:03:43,200
seen the problems for years but many of

103
00:03:45,990 --> 00:03:45,120
us have stopped just short of stepping

104
00:03:48,869 --> 00:03:46,000
up when it comes to

105
00:03:51,190 --> 00:03:48,879
creating the solutions which is why jim

106
00:03:51,830 --> 00:03:51,200
gale of food forest abundance does what

107
00:03:54,309 --> 00:03:51,840
he does

108
00:03:56,470 --> 00:03:54,319
and is spending some time with us today

109
00:03:58,550 --> 00:03:56,480
he's an expert in permaculture design

110
00:04:00,229 --> 00:03:58,560
food forests and edible landscapes who

111
00:04:02,229 --> 00:04:00,239
has been helping people take back the

112
00:04:03,270 --> 00:04:02,239
food production power in their lives for

113
00:04:05,270 --> 00:04:03,280

years

114

00:04:06,949 --> 00:04:05,280

his company will draw out the blueprints

115

00:04:07,990 --> 00:04:06,959

for how to use your space for maximum

116

00:04:09,509 --> 00:04:08,000

efficiency

117

00:04:11,830 --> 00:04:09,519

teach you what you need to know through

118

00:04:13,830 --> 00:04:11,840

his online course or actually come do

119

00:04:15,270 --> 00:04:13,840

the installation work required to get

120

00:04:17,270 --> 00:04:15,280

you up and running

121

00:04:19,430 --> 00:04:17,280

it's a powerful contribution to helping

122

00:04:21,590 --> 00:04:19,440

us build the new better world as the old

123

00:04:22,870 --> 00:04:21,600

one falls down around us and i'm psyched

124

00:04:25,030 --> 00:04:22,880

to talk to him today

125

00:04:27,030 --> 00:04:25,040

the passionate permaculture preacher

126
00:04:28,550 --> 00:04:27,040
food forest teacher and a thorn in the

127
00:04:31,270 --> 00:04:28,560
side of the big machine

128
00:04:32,790 --> 00:04:31,280
the nature boy himself jim gale welcome

129
00:04:35,350 --> 00:04:32,800
to the higher side

130
00:04:37,110 --> 00:04:35,360
well thank you greg for the introduction

131
00:04:39,270 --> 00:04:37,120
and it's a pleasure to be with you let's

132
00:04:41,990 --> 00:04:39,280
inspire some people to grow food

133
00:04:42,550 --> 00:04:42,000
amen man yes i am very grateful to have

134
00:04:44,230 --> 00:04:42,560
you here

135
00:04:46,150 --> 00:04:44,240
i learned about your work from your

136
00:04:47,430 --> 00:04:46,160
segment with dell big tree on the high

137
00:04:49,430 --> 00:04:47,440
wire recently

138
00:04:52,150 --> 00:04:49,440

and was really impressed with your

139

00:04:54,710 --> 00:04:52,160

passion and knowledge when it comes to

140

00:04:56,390 --> 00:04:54,720

using whatever space we have to take

141

00:04:58,790 --> 00:04:56,400

back a little control

142

00:04:59,909 --> 00:04:58,800

and not just raised beds with a few

143

00:05:02,390 --> 00:04:59,919

tomato plants

144

00:05:04,310 --> 00:05:02,400

you really use a deep understanding of

145

00:05:05,430 --> 00:05:04,320

nature to get the most out of a space

146

00:05:07,350 --> 00:05:05,440

and install

147

00:05:10,070 --> 00:05:07,360

food producing plants that have a

148

00:05:12,870 --> 00:05:10,080

symbiotic relationship with each other

149

00:05:13,590 --> 00:05:12,880

and it's a beautiful thing to get us

150

00:05:15,990 --> 00:05:13,600

going here

151
00:05:18,469 --> 00:05:16,000
tell us a bit about your story and that

152
00:05:20,550 --> 00:05:18,479
process of transitioning away from

153
00:05:22,070 --> 00:05:20,560
just worrying and obsessing over the

154
00:05:24,230 --> 00:05:22,080
problems in society

155
00:05:25,749 --> 00:05:24,240
to finding a way to offer people

156
00:05:26,310 --> 00:05:25,759
solutions because i think that's what a

157
00:05:28,310 --> 00:05:26,320
lot of us

158
00:05:30,390 --> 00:05:28,320
are wanting to do right now even if

159
00:05:31,270 --> 00:05:30,400
we're feeling a little stuck and getting

160
00:05:33,110 --> 00:05:31,280
there

161
00:05:35,749 --> 00:05:33,120
darn right we are a lot of people in the

162
00:05:38,790 --> 00:05:35,759
world are so focused on the problem

163
00:05:41,830 --> 00:05:38,800

that they're miserable and that is

164

00:05:45,350 --> 00:05:41,840

the sia it's to keep humanity

165

00:05:48,550 --> 00:05:45,360

in fear because fear is controllable

166

00:05:52,070 --> 00:05:48,560

and faith is uncontrollable courage

167

00:05:54,790 --> 00:05:52,080

is uncontrollable so how do we get there

168

00:05:55,350 --> 00:05:54,800

well we first have to take a look at the

169

00:06:00,629 --> 00:05:55,360

problem

170

00:06:02,550 --> 00:06:00,639

back in the 70s he said if you want to

171

00:06:04,629 --> 00:06:02,560

control nations control oil

172

00:06:05,590 --> 00:06:04,639

if you want to control people control

173

00:06:08,790 --> 00:06:05,600

food

174

00:06:10,070 --> 00:06:08,800

so this strategy which is very clearly

175

00:06:12,150 --> 00:06:10,080

documented

176
00:06:13,430 --> 00:06:12,160
in a document called silent weapons for

177
00:06:15,830 --> 00:06:13,440
quiet wars

178
00:06:16,550 --> 00:06:15,840
has taken control of the pillars of

179
00:06:19,670 --> 00:06:16,560
industry

180
00:06:21,350 --> 00:06:19,680
of the world of course starting with the

181
00:06:23,189 --> 00:06:21,360
federal reserve which is

182
00:06:25,189 --> 00:06:23,199
obviously not federal we can't even

183
00:06:27,670 --> 00:06:25,199
audit our own money supply

184
00:06:28,950 --> 00:06:27,680
it's a completely cabal and criminal run

185
00:06:31,590 --> 00:06:28,960
organization

186
00:06:34,309 --> 00:06:31,600
and all the way through to of course the

187
00:06:36,710 --> 00:06:34,319
medical systems in the school systems

188
00:06:37,909 --> 00:06:36,720

down to the bell me salute which is i

189

00:06:40,469 --> 00:06:37,919

pledge allegiance

190

00:06:41,909 --> 00:06:40,479

and then they control what we pledge

191

00:06:44,950 --> 00:06:41,919

allegiance to

192

00:06:46,390 --> 00:06:44,960

through the control over the of course

193

00:06:49,830 --> 00:06:46,400

the fake news

194

00:06:50,469 --> 00:06:49,840

and all of the social media platforms

195

00:06:52,550 --> 00:06:50,479

not all

196

00:06:53,830 --> 00:06:52,560

thank gosh you're on the air and many

197

00:06:56,629 --> 00:06:53,840

more so

198

00:06:57,830 --> 00:06:56,639

how do we take control back everything

199

00:07:00,629 --> 00:06:57,840

starts with

200

00:07:03,270 --> 00:07:00,639

using our resources wisely the american

201
00:07:03,990 --> 00:07:03,280
law there's 40 million acres of american

202
00:07:07,110 --> 00:07:04,000
law

203
00:07:11,029 --> 00:07:07,120
in the united states and when we use

204
00:07:12,150 --> 00:07:11,039
that one resource wisely we completely

205
00:07:15,350 --> 00:07:12,160
wipe out

206
00:07:16,070 --> 00:07:15,360
their pillars of control and i'll get a

207
00:07:17,990 --> 00:07:16,080
little bit into

208
00:07:20,230 --> 00:07:18,000
how we do that here in a bit but you

209
00:07:22,950 --> 00:07:20,240
asked me basically how i got to this

210
00:07:24,390 --> 00:07:22,960
so i uh had a mortgage company did about

211
00:07:27,589 --> 00:07:24,400
1.3 billion dollars

212
00:07:29,749 --> 00:07:27,599
in revenue and yeah it was incredible

213
00:07:32,070 --> 00:07:29,759

ride it was good timing

214

00:07:32,870 --> 00:07:32,080

in fact that showed the big short have

215

00:07:35,670 --> 00:07:32,880

you seen that one

216

00:07:37,110 --> 00:07:35,680

yeah yeah that movie yeah the the movie

217

00:07:38,550 --> 00:07:37,120

i mean they i watched that's one of my

218

00:07:39,830 --> 00:07:38,560

favorite shows of all time because they

219

00:07:42,390 --> 00:07:39,840

nailed it

220

00:07:43,350 --> 00:07:42,400

in every level of that the mortgage

221

00:07:46,390 --> 00:07:43,360

industry was

222

00:07:47,909 --> 00:07:46,400

built on fraud and these same exact

223

00:07:51,029 --> 00:07:47,919

people controlling

224

00:07:52,950 --> 00:07:51,039

the currency of the people so

225

00:07:55,270 --> 00:07:52,960

i sold that company lived on the ocean

226

00:07:57,110 --> 00:07:55,280

for a year and then i was looking for

227

00:08:00,550 --> 00:07:57,120

something to do

228

00:08:03,029 --> 00:08:00,560

i had always been in this idea after i

229

00:08:05,430 --> 00:08:03,039

first learned about the greatest

230

00:08:08,390 --> 00:08:05,440

speakers of all time napoleon hill

231

00:08:10,150 --> 00:08:08,400

and dennis waitley and wayne dyer and

232

00:08:11,670 --> 00:08:10,160

all of these people that were teaching

233

00:08:13,270 --> 00:08:11,680

the outside of the box

234

00:08:14,869 --> 00:08:13,280

education that you don't find in the

235

00:08:16,950 --> 00:08:14,879

schools

236

00:08:18,869 --> 00:08:16,960

when i learned that i started writing

237

00:08:19,749 --> 00:08:18,879

goals and i started visualizing my

238

00:08:23,110 --> 00:08:19,759

future

239

00:08:26,230 --> 00:08:23,120

in a new way and that was the foundation

240

00:08:29,270 --> 00:08:26,240

or the catalyst for everything to come

241

00:08:32,230 --> 00:08:29,280

from that and if i could inspire

242

00:08:32,550 --> 00:08:32,240

everybody listening to do one thing it's

243

00:08:37,909 --> 00:08:32,560

to

244

00:08:39,110 --> 00:08:37,919

ask new questions about what's possible

245

00:08:41,029 --> 00:08:39,120

for you in life

246

00:08:42,790 --> 00:08:41,039

and then start writing down the reasons

247

00:08:45,190 --> 00:08:42,800

why and how

248

00:08:46,550 --> 00:08:45,200

and then once you start taking steps in

249

00:08:49,430 --> 00:08:46,560

that direction

250

00:08:50,550 --> 00:08:49,440

it's like addicting because it's fun and

251
00:08:53,190 --> 00:08:50,560
it's joyful

252
00:08:53,990 --> 00:08:53,200
so i started writing down my goals did

253
00:08:55,430 --> 00:08:54,000
the billion three

254
00:08:57,670 --> 00:08:55,440
in revenue with the mortgage company

255
00:08:59,910 --> 00:08:57,680
lived on the ocean got bored

256
00:09:00,790 --> 00:08:59,920
i started a foundation called the wisdom

257
00:09:04,230 --> 00:09:00,800
foundation

258
00:09:06,230 --> 00:09:04,240
my goal was to get all of these tools

259
00:09:08,070 --> 00:09:06,240
of emotional intelligence which is what

260
00:09:10,870 --> 00:09:08,080
i understood at the time

261
00:09:12,470 --> 00:09:10,880
into every school the schools didn't

262
00:09:15,269 --> 00:09:12,480
want anything to do with it

263
00:09:16,550 --> 00:09:15,279

they were so monolithic and lethargic

264

00:09:19,590 --> 00:09:16,560

and

265

00:09:23,110 --> 00:09:19,600

their structures were basically i did

266

00:09:26,790 --> 00:09:23,120

not know how to pierce that structure

267

00:09:28,550 --> 00:09:26,800

so i ended up finding costa rica

268

00:09:30,070 --> 00:09:28,560

and i've always been a nature lover

269

00:09:32,630 --> 00:09:30,080

nature boy growing up

270

00:09:33,430 --> 00:09:32,640

when i drove from nicaragua to costa

271

00:09:35,350 --> 00:09:33,440

rica

272

00:09:37,350 --> 00:09:35,360

and i opened the door in southern costa

273

00:09:40,230 --> 00:09:37,360

rica up my car

274

00:09:41,829 --> 00:09:40,240

the energy of the jungle the vibration

275

00:09:44,230 --> 00:09:41,839

the cicadas

276

00:09:46,389 --> 00:09:44,240

blew my mind i in fact i got the chills

277

00:09:47,030 --> 00:09:46,399

just imagining being standing there it

278

00:09:50,310 --> 00:09:47,040

was

279

00:09:52,790 --> 00:09:50,320

an incredible vibration experience

280

00:09:53,670 --> 00:09:52,800

so i started getting into developing

281

00:09:56,230 --> 00:09:53,680

land

282

00:09:57,910 --> 00:09:56,240

and i started getting criticized by some

283

00:10:00,870 --> 00:09:57,920

of the local environmentalists

284

00:10:02,550 --> 00:10:00,880

saying that i was destroying and i

285

00:10:05,829 --> 00:10:02,560

wasn't destroying i was actually

286

00:10:07,910 --> 00:10:05,839

building greenhouses to create

287

00:10:09,430 --> 00:10:07,920

fruit tree nurseries immediately without

288

00:10:11,269 --> 00:10:09,440

even knowing anything about

289

00:10:12,790 --> 00:10:11,279

edible landscapes or permaculture or

290

00:10:16,150 --> 00:10:12,800

sustainability it was just

291

00:10:17,750 --> 00:10:16,160

what i love to do so i invited the

292

00:10:20,790 --> 00:10:17,760

critics into my office

293

00:10:22,790 --> 00:10:20,800

my goal was to inspire them to actually

294

00:10:23,750 --> 00:10:22,800

advocate for the development that i was

295

00:10:25,829 --> 00:10:23,760

building

296

00:10:28,310 --> 00:10:25,839

and they said no way in hell we will

297

00:10:31,269 --> 00:10:28,320

never support a developer no matter what

298

00:10:33,110 --> 00:10:31,279

so i eventually got them out of my

299

00:10:34,389 --> 00:10:33,120

office i wiped out the sweat and the

300

00:10:38,230 --> 00:10:34,399

tears and the blood

301
00:10:40,310 --> 00:10:38,240
and and one word stuck out to me

302
00:10:41,990 --> 00:10:40,320
and it was the word permaculture so i'm

303
00:10:43,829 --> 00:10:42,000
like okay what is this

304
00:10:45,990 --> 00:10:43,839
permaculture stuff so i started going

305
00:10:49,190 --> 00:10:46,000
into it i started researching it

306
00:10:51,509 --> 00:10:49,200
and at the same time i had learned that

307
00:10:54,949 --> 00:10:51,519
911 was an inside job

308
00:10:58,230 --> 00:10:54,959
and when i put those two things together

309
00:10:59,910 --> 00:10:58,240
i went down the rabbit hole and i've

310
00:11:02,470 --> 00:10:59,920
never really quit going down the rabbit

311
00:11:04,389 --> 00:11:02,480
hole although i've changed my focus

312
00:11:06,310 --> 00:11:04,399
so i learned that the system is

313
00:11:08,069 --> 00:11:06,320

completely controlled by the same

314

00:11:08,790 --> 00:11:08,079

families that have been running the show

315

00:11:11,190 --> 00:11:08,800

for

316

00:11:12,389 --> 00:11:11,200

hundreds if not thousands of years but

317

00:11:15,190 --> 00:11:12,399

definitely it's very

318

00:11:16,150 --> 00:11:15,200

clear hundreds of years when rothschild

319

00:11:19,269 --> 00:11:16,160

400 years ago

320

00:11:21,350 --> 00:11:19,279

said i'm gonna put my kids on the

321

00:11:22,470 --> 00:11:21,360

five continents or whatever all around

322

00:11:25,910 --> 00:11:22,480

the world and we're gonna

323

00:11:27,829 --> 00:11:25,920

control the world's currency

324

00:11:30,470 --> 00:11:27,839

isn't that nuts yeah it's true it's

325

00:11:32,949 --> 00:11:30,480

crazy yeah then 200 years later

326

00:11:34,870 --> 00:11:32,959

i think it was mayor rothschild in

327

00:11:36,630 --> 00:11:34,880

england said i care not which

328

00:11:38,470 --> 00:11:36,640

puppet sits on the throne of england

329

00:11:39,350 --> 00:11:38,480

when i control its currency and what is

330

00:11:43,430 --> 00:11:39,360

a currency

331

00:11:47,030 --> 00:11:43,440

it's the stored

332

00:11:48,150 --> 00:11:47,040

value of the people so they created a

333

00:11:51,590 --> 00:11:48,160

scam

334

00:11:54,470 --> 00:11:51,600

in order to steal the stored value of

335

00:11:56,949 --> 00:11:54,480

the people the energy of the slaves

336

00:11:59,350 --> 00:11:56,959

right and one of my other favorite

337

00:12:02,310 --> 00:11:59,360

quotes is uh ghost when he said

338

00:12:05,270 --> 00:12:02,320

none are more hopelessly enslaved than

339

00:12:06,790 --> 00:12:05,280

those who falsely believe they are free

340

00:12:08,069 --> 00:12:06,800

[Music]

341

00:12:09,750 --> 00:12:08,079

like that one gives me the chills

342

00:12:10,629 --> 00:12:09,760

because when i first heard that i said

343

00:12:13,030 --> 00:12:10,639

[h__\h]

344

00:12:13,750 --> 00:12:13,040

i'm not a slave i can do whatever i want

345

00:12:17,509 --> 00:12:13,760

and then i was like

346

00:12:21,030 --> 00:12:17,519

wait a minute can i work and not pay

347

00:12:22,790 --> 00:12:21,040

property taxes or a percentage of my

348

00:12:24,949 --> 00:12:22,800

labor to the government

349

00:12:26,790 --> 00:12:24,959

and then what is the government well it

350

00:12:27,670 --> 00:12:26,800

just happens to be gubernatorimente

351

00:12:30,790 --> 00:12:27,680

which means

352

00:12:33,110 --> 00:12:30,800

manager control the mind right and my

353

00:12:36,069 --> 00:12:33,120

mind was blowing the whole time i'm like

354

00:12:37,590 --> 00:12:36,079

how could we have missed this obvious

355

00:12:41,670 --> 00:12:37,600

string of facts

356

00:12:44,470 --> 00:12:41,680

to think that we're not slaves so

357

00:12:45,670 --> 00:12:44,480

i'm a solution oriented optimist for the

358

00:12:48,150 --> 00:12:45,680

most part

359

00:12:49,990 --> 00:12:48,160

and i went down that rabbit hole and i

360

00:12:52,230 --> 00:12:50,000

went down two years of kind of

361

00:12:53,670 --> 00:12:52,240

shitty two years because i was focused

362

00:12:55,829 --> 00:12:53,680

on the ugly

363

00:12:58,790 --> 00:12:55,839

and then i started asking new questions

364

00:13:02,389 --> 00:12:58,800

like what are the solutions and i guess

365

00:13:05,509 --> 00:13:02,399

what inspired me and what the catalyst

366

00:13:07,590 --> 00:13:05,519

for the change in my focus was reading

367

00:13:09,750 --> 00:13:07,600

bill mullison's quote

368

00:13:11,829 --> 00:13:09,760

though the problems of our world are

369

00:13:15,350 --> 00:13:11,839

increasingly complex

370

00:13:16,310 --> 00:13:15,360

the solutions remain this one gets me

371

00:13:18,550 --> 00:13:16,320

every time

372

00:13:19,430 --> 00:13:18,560

the solutions remain embarrassingly

373

00:13:22,949 --> 00:13:19,440

simple

374

00:13:25,430 --> 00:13:22,959

yes boom i literally i

375

00:13:26,550 --> 00:13:25,440

probably bawled on and off for two days

376

00:13:30,629 --> 00:13:26,560

because

377

00:13:32,870 --> 00:13:30,639

that was my ticket to the path forward

378

00:13:35,269 --> 00:13:32,880

that was my ticket to freedom of my own

379

00:13:37,990 --> 00:13:35,279

mind of my own spirit

380

00:13:39,590 --> 00:13:38,000

having the faith and the courage to move

381

00:13:41,670 --> 00:13:39,600

forward because before that i was kind

382

00:13:44,150 --> 00:13:41,680

of in this fear state the state of

383

00:13:44,949 --> 00:13:44,160

holy [h__\h] what are we gonna do and i

384

00:13:46,790 --> 00:13:44,959

didn't know

385

00:13:48,150 --> 00:13:46,800

what we were going to do i just knew

386

00:13:50,870 --> 00:13:48,160

that it sucked

387

00:13:52,310 --> 00:13:50,880

so anyway when i heard that i started

388

00:13:55,750 --> 00:13:52,320

focusing on the question

389

00:13:57,030 --> 00:13:55,760

how can i use every bit of my energy my

390

00:14:01,509 --> 00:13:57,040

ability my

391

00:14:03,509 --> 00:14:01,519

history and how can i learn to be

392

00:14:06,629 --> 00:14:03,519

a big part of this solution as big a

393

00:14:08,470 --> 00:14:06,639

part as i can possibly be

394

00:14:10,590 --> 00:14:08,480

and that was it and for the last 10

395

00:14:13,750 --> 00:14:10,600

years i've been asking the same question

396

00:14:16,389 --> 00:14:13,760

infatuated with the answer

397

00:14:16,870 --> 00:14:16,399

and the answer has taken me down this

398

00:14:19,030 --> 00:14:16,880

path

399

00:14:22,310 --> 00:14:19,040

to where we are now which is the

400

00:14:24,470 --> 00:14:22,320

simplest freaking thing in the world

401
00:14:26,550 --> 00:14:24,480
yes i'll stop for a second let you jump

402
00:14:28,470 --> 00:14:26,560
in i love it that's the kind of talk

403
00:14:29,750 --> 00:14:28,480
that motivates people around here i

404
00:14:32,310 --> 00:14:29,760
think and it's a really

405
00:14:33,910 --> 00:14:32,320
good summary of your journey i heard in

406
00:14:36,310 --> 00:14:33,920
a previous interview

407
00:14:38,629 --> 00:14:36,320
you framed our situation as a fight

408
00:14:40,310 --> 00:14:38,639
between the promoters of life first the

409
00:14:42,069 --> 00:14:40,320
promoters of death and

410
00:14:43,990 --> 00:14:42,079
the more i think about that that's

411
00:14:46,710 --> 00:14:44,000
really deep and it's a great way to

412
00:14:48,710 --> 00:14:46,720
sum it all up yeah this is good evil and

413
00:14:50,470 --> 00:14:48,720

i don't claim to understand really what

414

00:14:53,269 --> 00:14:50,480

that means other than

415

00:14:53,750 --> 00:14:53,279

there's one group that is promoting the

416

00:14:57,030 --> 00:14:53,760

death

417

00:14:58,389 --> 00:14:57,040

of the spirit of the soil of our air of

418

00:15:01,189 --> 00:14:58,399

our water and of our

419

00:15:02,389 --> 00:15:01,199

life on earth they're literally the

420

00:15:05,509 --> 00:15:02,399

poison

421

00:15:09,829 --> 00:15:05,519

producers and the manufacturers

422

00:15:14,069 --> 00:15:09,839

and the mandators of our society

423

00:15:14,949 --> 00:15:14,079

yeah and i know 2020 got really crazy

424

00:15:17,990 --> 00:15:14,959

for a lot of people

425

00:15:20,710 --> 00:15:18,000

masks vaccines store closings and

426

00:15:21,430 --> 00:15:20,720

a lot of shows like mine are focused on

427

00:15:24,629 --> 00:15:21,440

that

428

00:15:26,470 --> 00:15:24,639

are like wow permaculture

429

00:15:27,750 --> 00:15:26,480

gardening with all the problems we have

430

00:15:29,430 --> 00:15:27,760

that's where we're going

431

00:15:31,430 --> 00:15:29,440

and it's like well what more do you need

432

00:15:34,069 --> 00:15:31,440

to know about the problems we've been

433

00:15:37,590 --> 00:15:34,079

digesting them for over a year

434

00:15:41,269 --> 00:15:37,600

exactly so how we take back

435

00:15:41,829 --> 00:15:41,279

the power is we take their pillars of

436

00:15:45,509 --> 00:15:41,839

control

437

00:15:48,710 --> 00:15:45,519

well when we

438

00:15:51,189 --> 00:15:48,720

are paying taxes on land that we're

439

00:15:54,389 --> 00:15:51,199

supposed to own that's a slave tax

440

00:15:57,189 --> 00:15:54,399

and using it with grass and lawn

441

00:15:57,910 --> 00:15:57,199

now if you think about how [h__\h] same

442

00:16:01,430 --> 00:15:57,920

this is

443

00:16:02,230 --> 00:16:01,440

a lawn a mono crop that you have to mow

444

00:16:03,990 --> 00:16:02,240

once a week

445

00:16:06,310 --> 00:16:04,000

in the summer or all year long if you're

446

00:16:09,350 --> 00:16:06,320

in florida and it produces

447

00:16:13,350 --> 00:16:09,360

no food yield

448

00:16:16,389 --> 00:16:13,360

or let's just say you have

449

00:16:19,670 --> 00:16:16,399

a peach tree a plum tree and an

450

00:16:24,069 --> 00:16:19,680

apple tree right those will each produce

451
00:16:27,590 --> 00:16:24,079
about 200 fruit per year

452
00:16:29,990 --> 00:16:27,600
that's 600 healthy snacks per year

453
00:16:31,749 --> 00:16:30,000
that would be basically free once you

454
00:16:34,550 --> 00:16:31,759
got these fruit trees planted

455
00:16:35,269 --> 00:16:34,560
and that are hyper nutritious compared

456
00:16:39,910 --> 00:16:35,279
to

457
00:16:41,189 --> 00:16:39,920
only that but they're growing without

458
00:16:45,910 --> 00:16:41,199
poisons

459
00:16:49,030 --> 00:16:45,920
for the medical system

460
00:16:49,990 --> 00:16:49,040
that creates this endless loop that they

461
00:16:54,310 --> 00:16:50,000
control

462
00:16:57,509 --> 00:16:54,320
the keys to heaven

463
00:16:58,949 --> 00:16:57,519

education and the awareness of what they

464

00:17:01,350 --> 00:16:58,959

control how they control

465

00:17:02,949 --> 00:17:01,360

it gets us the freedom to choose to

466

00:17:05,750 --> 00:17:02,959

control our own

467

00:17:06,789 --> 00:17:05,760

yes well said and the american lawn

468

00:17:08,870 --> 00:17:06,799

conspiracy

469

00:17:10,630 --> 00:17:08,880

is definitely something that people

470

00:17:12,710 --> 00:17:10,640

should think about like you say 40

471

00:17:15,189 --> 00:17:12,720

million acres of lawn

472

00:17:16,789 --> 00:17:15,199

it's soaked with poisons to keep it that

473

00:17:18,150 --> 00:17:16,799

way with nothing else growing there

474

00:17:20,309 --> 00:17:18,160

nothing of value

475

00:17:22,150 --> 00:17:20,319

and it's interesting when you do that

476
00:17:22,870 --> 00:17:22,160
calculation of saying if we could just

477
00:17:26,789 --> 00:17:22,880
turn

478
00:17:28,710 --> 00:17:26,799
a third of that back into food forests

479
00:17:31,029 --> 00:17:28,720
i mean with the abundance that it

480
00:17:31,750 --> 00:17:31,039
produces you can do that calculation and

481
00:17:34,789 --> 00:17:31,760
know that

482
00:17:36,470 --> 00:17:34,799
that would be enough acreage to really

483
00:17:37,750 --> 00:17:36,480
really solve a lot of our problems and

484
00:17:41,510 --> 00:17:37,760
when you put in those terms

485
00:17:44,870 --> 00:17:41,520
it doesn't seem so lofty exactly

486
00:17:46,789 --> 00:17:44,880
it's not only not lofty it's the next

487
00:17:48,549 --> 00:17:46,799
logical step i might have said this

488
00:17:51,590 --> 00:17:48,559

already but i'm going to say it again

489

00:17:53,590 --> 00:17:51,600

the garden of eden ideal

490

00:17:55,669 --> 00:17:53,600

that most people think is some kind of

491

00:17:58,390 --> 00:17:55,679

illusory fantasy

492

00:18:00,150 --> 00:17:58,400

is the next logical step and here are

493

00:18:03,270 --> 00:18:00,160

some of the reasons why one

494

00:18:04,870 --> 00:18:03,280

is it's easier to grow a peach tree a

495

00:18:07,190 --> 00:18:04,880

plum tree in an apple tree

496

00:18:09,270 --> 00:18:07,200

than it is to grow lawn that would

497

00:18:11,669 --> 00:18:09,280

normally be in that same area

498

00:18:13,909 --> 00:18:11,679

you'll have to prune these trees maybe

499

00:18:14,789 --> 00:18:13,919

once a year if you want to for 15

500

00:18:17,590 --> 00:18:14,799

minutes

501
00:18:18,870 --> 00:18:17,600
and then instead of pruning if you take

502
00:18:20,549 --> 00:18:18,880
and cut a little bit

503
00:18:22,950 --> 00:18:20,559
a circle around the bark and you put

504
00:18:25,350 --> 00:18:22,960
this little gadget on there with soil

505
00:18:26,230 --> 00:18:25,360
10 weeks ahead of time then when you cut

506
00:18:28,950 --> 00:18:26,240
that limb

507
00:18:31,029 --> 00:18:28,960
off now you've got a new fruit tree

508
00:18:34,710 --> 00:18:31,039
that's worth 30 bucks and you just spent

509
00:18:36,470 --> 00:18:34,720
five minutes of effort to make 30 bucks

510
00:18:38,150 --> 00:18:36,480
is that a good return on time invested

511
00:18:40,549 --> 00:18:38,160
for most people

512
00:18:41,990 --> 00:18:40,559
absolutely those are the things that are

513
00:18:44,230 --> 00:18:42,000

inspiring to me because so many

514

00:18:45,110 --> 00:18:44,240

of us are probably struggling in one way

515

00:18:47,590 --> 00:18:45,120

or another

516

00:18:48,950 --> 00:18:47,600

if we're lucky enough to have some land

517

00:18:51,510 --> 00:18:48,960

you really make it

518

00:18:53,830 --> 00:18:51,520

seem very feasible that we can get a

519

00:18:55,990 --> 00:18:53,840

return on that land instead of just

520

00:18:58,230 --> 00:18:56,000

a cost i mean especially in california

521

00:19:00,230 --> 00:18:58,240

people watering lawns i mean it's 80

522

00:19:01,029 --> 00:19:00,240

bucks 100 bucks a month i think in some

523

00:19:03,830 --> 00:19:01,039

cases

524

00:19:04,390 --> 00:19:03,840

it's like instead of just an outgoing

525

00:19:06,230 --> 00:19:04,400

cost

526

00:19:07,830 --> 00:19:06,240

you can really flip the script on that

527

00:19:10,070 --> 00:19:07,840

and get better yields

528

00:19:12,150 --> 00:19:10,080

than some of us are making in our our

529

00:19:13,750 --> 00:19:12,160

regular day job

530

00:19:15,669 --> 00:19:13,760

big time in fact that's one of the

531

00:19:18,950 --> 00:19:15,679

things we do we help people start

532

00:19:21,990 --> 00:19:18,960

nurseries that are the ultimate stack of

533

00:19:24,310 --> 00:19:22,000

functions so one function is you're

534

00:19:26,230 --> 00:19:24,320

gonna have a bunch of food you'll have

535

00:19:27,830 --> 00:19:26,240

way more than enough food for your

536

00:19:30,310 --> 00:19:27,840

family to eat on

537

00:19:31,190 --> 00:19:30,320

a relatively small food forest like on a

538

00:19:33,750 --> 00:19:31,200

quarter acre

539

00:19:35,350 --> 00:19:33,760

food forest your family a normal-sized

540

00:19:38,710 --> 00:19:35,360

family a four-person family

541

00:19:41,270 --> 00:19:38,720

could not eat all that food and

542

00:19:41,909 --> 00:19:41,280

relatively speaking the roi and cash

543

00:19:43,590 --> 00:19:41,919

alone

544

00:19:46,390 --> 00:19:43,600

like again let's just boil it down to

545

00:19:48,549 --> 00:19:46,400

one peach tree it might cost to install

546

00:19:51,190 --> 00:19:48,559

one peach tree let's call it a hundred

547

00:19:53,669 --> 00:19:51,200

bucks right 150 bucks

548

00:19:55,510 --> 00:19:53,679

in the first four years you're not going

549

00:19:57,190 --> 00:19:55,520

to get too many peaches you might get a

550

00:19:58,230 --> 00:19:57,200

couple hundred peaches in the first four

551
00:20:00,390 --> 00:19:58,240
years total

552
00:20:01,909 --> 00:20:00,400
but after that you get a couple hundred

553
00:20:05,270 --> 00:20:01,919
peaches per year

554
00:20:07,590 --> 00:20:05,280
now how much is an organic peach that's

555
00:20:08,390 --> 00:20:07,600
basically vine ripened and by the way

556
00:20:10,630 --> 00:20:08,400
mother nature

557
00:20:11,990 --> 00:20:10,640
knows best when you pick something

558
00:20:14,789 --> 00:20:12,000
that's ripe

559
00:20:15,990 --> 00:20:14,799
it's going to be more tasty and more

560
00:20:17,750 --> 00:20:16,000
nutrient dense

561
00:20:20,149 --> 00:20:17,760
than something that was picked two or

562
00:20:22,230 --> 00:20:20,159
three weeks before it was right

563
00:20:23,909 --> 00:20:22,240

so how much does that cost well you're

564

00:20:27,510 --> 00:20:23,919

talking about over

565

00:20:29,590 --> 00:20:27,520

100 roi annually

566

00:20:31,990 --> 00:20:29,600

once these food forests get up and

567

00:20:37,110 --> 00:20:34,789

man yeah and what other sector can you

568

00:20:39,430 --> 00:20:37,120

get that kind of roi

569

00:20:41,110 --> 00:20:39,440

it's true it's so true and that's also

570

00:20:42,549 --> 00:20:41,120

money that doesn't go into the pocket of

571

00:20:45,350 --> 00:20:42,559

the very people that are making

572

00:20:46,390 --> 00:20:45,360

our society worse and it's just a

573

00:20:48,549 --> 00:20:46,400

beautiful thing

574

00:20:50,149 --> 00:20:48,559

and of course on this show we don't have

575

00:20:53,270 --> 00:20:50,159

the benefit of the visual

576

00:20:55,270 --> 00:20:53,280

aid that you had with the high wire but

577

00:20:57,190 --> 00:20:55,280

help people understand what a food

578

00:20:58,630 --> 00:20:57,200

forest really is the term is kind of

579

00:21:00,789 --> 00:20:58,640

obvious but

580

00:21:01,909 --> 00:21:00,799

paint a picture for us of how this is

581

00:21:04,630 --> 00:21:01,919

different than just

582

00:21:06,789 --> 00:21:04,640

a couple of raised beds and a couple of

583

00:21:08,789 --> 00:21:06,799

tomato plants because

584

00:21:10,149 --> 00:21:08,799

seeing what you do i mean it's a real

585

00:21:14,149 --> 00:21:10,159

ecosystem in our

586

00:21:17,270 --> 00:21:14,159

yards yeah it is it's an ecosystem it's

587

00:21:20,230 --> 00:21:17,280

a food forest is a community of

588

00:21:20,950 --> 00:21:20,240

plants that are designed to serve

589

00:21:24,310 --> 00:21:20,960

humanity

590

00:21:25,430 --> 00:21:24,320

to serve the individual family primarily

591

00:21:28,230 --> 00:21:25,440

so some people like

592

00:21:30,630 --> 00:21:28,240

certain types of fruits and veggies and

593

00:21:31,510 --> 00:21:30,640

roots and tubers and all the different

594

00:21:33,430 --> 00:21:31,520

medicinal

595

00:21:34,950 --> 00:21:33,440

benefits that go along with that other

596

00:21:36,149 --> 00:21:34,960

families might like a little bit of a

597

00:21:39,510 --> 00:21:36,159

different strategy

598

00:21:41,669 --> 00:21:39,520

but we can design according to the needs

599

00:21:43,110 --> 00:21:41,679

of the individual the family and the

600

00:21:46,230 --> 00:21:43,120

community

601
00:21:47,909 --> 00:21:46,240
and this is the grassroots movement this

602
00:21:50,870 --> 00:21:47,919
is the idea whose time has come

603
00:21:51,430 --> 00:21:50,880
it's not up to the government to do this

604
00:21:54,149 --> 00:21:51,440
for us

605
00:21:54,950 --> 00:21:54,159
it's up to us as individuals and how do

606
00:21:57,510 --> 00:21:54,960
we do that

607
00:21:57,990 --> 00:21:57,520
well there are two ways to affect change

608
00:21:59,830 --> 00:21:58,000
one is

609
00:22:01,510 --> 00:21:59,840
violence and force which is what's going

610
00:22:05,669 --> 00:22:01,520
on around the world right now

611
00:22:08,230 --> 00:22:05,679
and the other one is inspire to inspire

612
00:22:08,950 --> 00:22:08,240
is to raise the vibration and to in

613
00:22:11,510 --> 00:22:08,960

spirit

614

00:22:12,789 --> 00:22:11,520

somebody and that's our job that's my

615

00:22:15,270 --> 00:22:12,799

job is to inspire

616

00:22:16,950 --> 00:22:15,280

people to take that first step and then

617

00:22:18,710 --> 00:22:16,960

to empower them

618

00:22:21,669 --> 00:22:18,720

in which direction to take the first

619

00:22:26,070 --> 00:22:24,710

and now a lot of us are probably stuck

620

00:22:27,909 --> 00:22:26,080

in situations where we

621

00:22:29,750 --> 00:22:27,919

don't have any land we're renting

622

00:22:32,630 --> 00:22:29,760

apartments in the city

623

00:22:33,750 --> 00:22:32,640

we might be lucky just to have a small

624

00:22:35,110 --> 00:22:33,760

patio

625

00:22:37,430 --> 00:22:35,120

they're trying to push us into these

626
00:22:39,190 --> 00:22:37,440
smart city grids and you know we

627
00:22:40,870 --> 00:22:39,200
probably need to resist that but if

628
00:22:43,350 --> 00:22:40,880
we're in a situation where we

629
00:22:45,510 --> 00:22:43,360
don't have any land there are still a

630
00:22:47,830 --> 00:22:45,520
few things we can do right in terms of

631
00:22:51,909 --> 00:22:47,840
microgreens

632
00:22:54,230 --> 00:22:51,919
turned my whole garage into a

633
00:22:57,190 --> 00:22:54,240
microgreens garage a couple years back

634
00:22:58,549 --> 00:22:57,200
that was part of my path to where i am

635
00:23:00,470 --> 00:22:58,559
now

636
00:23:01,909 --> 00:23:00,480
and a little bit about microgreens you

637
00:23:04,070 --> 00:23:01,919
can go to home depot

638
00:23:05,510 --> 00:23:04,080

you can buy a rack you buy you know one

639

00:23:09,029 --> 00:23:05,520

of those skinny racks

640

00:23:11,669 --> 00:23:09,039

about maybe 12 or 14 inches

641

00:23:12,710 --> 00:23:11,679

by 20 inches deep it might have four or

642

00:23:15,590 --> 00:23:12,720

five or six

643

00:23:17,270 --> 00:23:15,600

shelves on it you can buy an led light

644

00:23:20,390 --> 00:23:17,280

for 29 bucks

645

00:23:23,110 --> 00:23:20,400

for per top of each shelf and then

646

00:23:26,549 --> 00:23:23,120

a tray of micro greens on the market is

647

00:23:29,350 --> 00:23:26,559

between 20 and 30 bucks

648

00:23:31,029 --> 00:23:29,360

your expense to grow that same tray of

649

00:23:32,710 --> 00:23:31,039

microgreens is going to be about a buck

650

00:23:35,430 --> 00:23:32,720

50.

651
00:23:36,070 --> 00:23:35,440
and microgreens are 4 to 40 times more

652
00:23:38,310 --> 00:23:36,080
nutrient

653
00:23:39,190 --> 00:23:38,320
dense than their adult counterparts and

654
00:23:42,230 --> 00:23:39,200
they harvest

655
00:23:44,630 --> 00:23:42,240
in 14 days with very minimal

656
00:23:45,590 --> 00:23:44,640
water you know a couple water a day and

657
00:23:47,669 --> 00:23:45,600
you've got

658
00:23:48,630 --> 00:23:47,679
like i i used to combine pea my

659
00:23:50,310 --> 00:23:48,640
favorites were

660
00:23:52,630 --> 00:23:50,320
pea broccoli and kale and a little

661
00:23:53,029 --> 00:23:52,640
radish microgreen and i would take about

662
00:23:55,110 --> 00:23:53,039
an

663
00:23:56,470 --> 00:23:55,120

eighth of a tray of pea microgreens

664

00:23:57,990 --> 00:23:56,480

which grow really fast they were like

665

00:24:00,390 --> 00:23:58,000

eight inches tall and very

666

00:24:02,149 --> 00:24:00,400

voluminous and then i would cut those

667

00:24:04,310 --> 00:24:02,159

apart i cut some broccoli and kale and

668

00:24:06,789 --> 00:24:04,320

radish and put those in a salad

669

00:24:09,190 --> 00:24:06,799

it's the best salad very few people have

670

00:24:11,510 --> 00:24:09,200

ever eaten a salad but healthy

671

00:24:12,230 --> 00:24:11,520

yeah i love it and another thing i was

672

00:24:14,470 --> 00:24:12,240

thinking is

673

00:24:15,430 --> 00:24:14,480

even if we don't personally have our own

674

00:24:18,870 --> 00:24:15,440

homes

675

00:24:20,870 --> 00:24:18,880

some extra space

676

00:24:22,789 --> 00:24:20,880

in the yard that they're not using if

677

00:24:26,310 --> 00:24:22,799

you were to take the initiative

678

00:24:27,750 --> 00:24:26,320

to tend that space i'm sure your parents

679

00:24:29,750 --> 00:24:27,760

would be grateful and

680

00:24:31,269 --> 00:24:29,760

and willing to share that abundance that

681

00:24:32,789 --> 00:24:31,279

you've created with you so

682

00:24:35,590 --> 00:24:32,799

it doesn't have to be about your own

683

00:24:38,549 --> 00:24:35,600

personal space use your networks

684

00:24:40,549 --> 00:24:38,559

networks i mean there's grow towers

685

00:24:41,350 --> 00:24:40,559

there's hydroponics in fact the cannabis

686

00:24:43,909 --> 00:24:41,360

industry

687

00:24:45,669 --> 00:24:43,919

they have shown us the way they have

688

00:24:47,190 --> 00:24:45,679

shown us how we can grow a whole bunch

689

00:24:49,510 --> 00:24:47,200

of green right in our closets

690

00:24:50,950 --> 00:24:49,520

yeah you know of course the whole tomato

691

00:24:52,870 --> 00:24:50,960

fertilizer thing is just

692

00:24:54,950 --> 00:24:52,880

cold for cannabis fertilizer but guess

693

00:24:56,950 --> 00:24:54,960

what it works great for tomatoes too

694

00:24:58,950 --> 00:24:56,960

yeah plants are plants funny enough

695

00:25:01,029 --> 00:24:58,960

plants are plants

696

00:25:02,070 --> 00:25:01,039

you know for people who do have a home a

697

00:25:05,029 --> 00:25:02,080

lot of the time

698

00:25:07,110 --> 00:25:05,039

they can't even make this transition if

699

00:25:09,190 --> 00:25:07,120

they're in a subdivision or have an hoa

700

00:25:11,350 --> 00:25:09,200

this little cartel that controls what

701
00:25:13,669 --> 00:25:11,360
you can and can't do with your own land

702
00:25:16,549 --> 00:25:13,679
how have you helped people to navigate

703
00:25:20,070 --> 00:25:16,559
those situations

704
00:25:21,909 --> 00:25:20,080
i blow right through those rules

705
00:25:24,549 --> 00:25:21,919
like i've got five raised beds in my

706
00:25:25,830 --> 00:25:24,559
backyard and i'm waiting for the fight

707
00:25:29,669 --> 00:25:25,840
because i'm gonna take it to them

708
00:25:32,789 --> 00:25:29,679
hardcore and they might force me

709
00:25:35,909 --> 00:25:32,799
by handcuffs to take those down

710
00:25:38,630 --> 00:25:35,919
and it might happen where

711
00:25:39,350 --> 00:25:38,640
they take them out and try to charge me

712
00:25:41,510 --> 00:25:39,360
for that

713
00:25:43,430 --> 00:25:41,520

i am going to turn that problem into a

714

00:25:45,190 --> 00:25:43,440

solution on social media

715

00:25:48,470 --> 00:25:45,200

and i'm going to go nuts and i'm going

716

00:25:51,669 --> 00:25:48,480

to benefit eventually from that problem

717

00:25:53,669 --> 00:25:51,679

in fact that's not the norm obviously

718

00:25:55,909 --> 00:25:53,679

most people don't want to go there

719

00:25:57,350 --> 00:25:55,919

but most people can grow food in their

720

00:26:00,070 --> 00:25:57,360

backyard

721

00:26:01,510 --> 00:26:00,080

it's the front yard for most hoas where

722

00:26:04,950 --> 00:26:01,520

it's off limits

723

00:26:06,549 --> 00:26:04,960

so if you want to follow the hoa rules

724

00:26:08,070 --> 00:26:06,559

and i totally understand you're not

725

00:26:09,350 --> 00:26:08,080

willing some people aren't willing to go

726
00:26:12,470 --> 00:26:09,360
to that extreme

727
00:26:15,510 --> 00:26:12,480
then get a design because

728
00:26:18,230 --> 00:26:15,520
once the hoa sees that a food forest is

729
00:26:20,789 --> 00:26:18,240
not some raggedy crazy thing

730
00:26:22,470 --> 00:26:20,799
in fact i'll describe it in this way all

731
00:26:26,149 --> 00:26:22,480
hoas their yards have

732
00:26:27,590 --> 00:26:26,159
ornamental landscapes shrubs and bushes

733
00:26:30,870 --> 00:26:27,600
and trees that don't produce

734
00:26:31,750 --> 00:26:30,880
any food but they look nice you can have

735
00:26:34,789 --> 00:26:31,760
the exact

736
00:26:37,110 --> 00:26:34,799
same looking landscape

737
00:26:39,909 --> 00:26:37,120
the only difference is it'll be all food

738
00:26:43,110 --> 00:26:41,909

yeah i love it and that also makes me

739

00:26:45,590 --> 00:26:43,120

think about

740

00:26:47,190 --> 00:26:45,600

just our city structures in general i

741

00:26:50,549 --> 00:26:47,200

mean how many

742

00:26:52,950 --> 00:26:50,559

cities have shrubs and trees

743

00:26:55,269 --> 00:26:52,960

and ornamental landscapes that are

744

00:26:57,190 --> 00:26:55,279

constantly being maintained we pay a

745

00:26:58,950 --> 00:26:57,200

park service typically to go around and

746

00:26:59,590 --> 00:26:58,960

maintain all this stuff so it's not on

747

00:27:01,510 --> 00:26:59,600

the roads

748

00:27:03,029 --> 00:27:01,520

and it doesn't yield anything these same

749

00:27:05,269 --> 00:27:03,039

people are right there

750

00:27:07,430 --> 00:27:05,279

watering these landscapes they could be

751

00:27:08,789 --> 00:27:07,440

picking that food too and taking it to

752

00:27:12,470 --> 00:27:08,799

the food pantry

753

00:27:13,110 --> 00:27:12,480

and improving a lot of lives you nailed

754

00:27:15,669 --> 00:27:13,120

it

755

00:27:16,950 --> 00:27:15,679

the american lawn takes more poisons and

756

00:27:19,990 --> 00:27:16,960

more resources than

757

00:27:22,389 --> 00:27:20,000

any other crop in the united states and

758

00:27:24,310 --> 00:27:22,399

it doesn't provide food how insane is

759

00:27:27,590 --> 00:27:24,320

that

760

00:27:31,510 --> 00:27:27,600

yeah and if we had some kind of program

761

00:27:34,710 --> 00:27:31,520

with our city hall which is usually on a

762

00:27:35,350 --> 00:27:34,720

lot of land that could be a community

763

00:27:37,590 --> 00:27:35,360

garden

764

00:27:40,070 --> 00:27:37,600

and people who are down on their luck

765

00:27:42,789 --> 00:27:40,080

could trade their hours in the garden

766

00:27:44,710 --> 00:27:42,799

for the yields that it produces and

767

00:27:46,710 --> 00:27:44,720

they're learning a valuable skill of

768

00:27:47,990 --> 00:27:46,720

self-sufficiency at the same time of

769

00:27:49,669 --> 00:27:48,000

course the system doesn't want

770

00:27:51,110 --> 00:27:49,679

this but these are the things we should

771

00:27:53,990 --> 00:27:51,120

push for

772

00:27:54,710 --> 00:27:54,000

man great your logic is just right on

773

00:27:57,590 --> 00:27:54,720

par

774

00:27:57,909 --> 00:27:57,600

with mine and you're right there's a lot

775

00:28:00,149 --> 00:27:57,919

of

776

00:28:01,269 --> 00:28:00,159

communities that will resist this but we

777

00:28:04,389 --> 00:28:01,279

have to push

778

00:28:06,149 --> 00:28:04,399

because the difference is life and death

779

00:28:07,510 --> 00:28:06,159

and i don't say i'm not a fear guy you

780

00:28:07,990 --> 00:28:07,520

know what i don't even believe in death

781

00:28:10,070 --> 00:28:08,000

anyway

782

00:28:11,830 --> 00:28:10,080

quite frankly so it's not about it's

783

00:28:13,590 --> 00:28:11,840

about let's create the garden of eden

784

00:28:15,750 --> 00:28:13,600

let's create this world

785

00:28:17,029 --> 00:28:15,760

where we can actually have the peaceful

786

00:28:18,630 --> 00:28:17,039

exchange of value

787

00:28:20,630 --> 00:28:18,640

and that's also why we promote

788

00:28:23,350 --> 00:28:20,640

capitalism so much because

789

00:28:23,990 --> 00:28:23,360

they're you know socialism and communism

790

00:28:27,029 --> 00:28:24,000

are

791

00:28:30,310 --> 00:28:27,039

force and violence and

792

00:28:33,190 --> 00:28:30,320

control capitalism true

793

00:28:35,669 --> 00:28:33,200

real capitalism is the peaceful and

794

00:28:36,870 --> 00:28:35,679

voluntary exchange of value it's a

795

00:28:39,110 --> 00:28:36,880

beautiful thing

796

00:28:40,310 --> 00:28:39,120

where everybody voluntarily exchanges

797

00:28:43,510 --> 00:28:40,320

and everybody's happier

798

00:28:46,470 --> 00:28:43,520

at the end of the exchange

799

00:28:47,510 --> 00:28:46,480

indeed and let's sort of get into the

800

00:28:49,669 --> 00:28:47,520

magic of

801
00:28:50,870 --> 00:28:49,679
nature for a long time i thought this

802
00:28:52,950 --> 00:28:50,880
stuff was boring

803
00:28:54,789 --> 00:28:52,960
but when you see the intelligence of

804
00:28:55,430 --> 00:28:54,799
trees and plants and how it all works

805
00:28:56,710 --> 00:28:55,440
together

806
00:28:58,950 --> 00:28:56,720
it actually starts to be pretty

807
00:29:02,470 --> 00:28:58,960
fascinating doesn't it

808
00:29:04,389 --> 00:29:02,480
it's way more mind-boggling every day

809
00:29:08,149 --> 00:29:04,399
i'm just amazed like

810
00:29:11,590 --> 00:29:08,159
plants will release certain chemicals

811
00:29:11,990 --> 00:29:11,600
pheromones that have colors that we

812
00:29:15,190 --> 00:29:12,000
can't

813
00:29:17,909 --> 00:29:15,200

see they're like i'm in danger or a

814

00:29:19,269 --> 00:29:17,919

sos signal so the plant will be getting

815

00:29:22,230 --> 00:29:19,279

eaten on by some

816

00:29:23,350 --> 00:29:22,240

grub or army worm or bug or beetle and

817

00:29:26,310 --> 00:29:23,360

it'll release

818

00:29:27,110 --> 00:29:26,320

these chemicals and then a wasp will be

819

00:29:30,470 --> 00:29:27,120

flying up

820

00:29:33,830 --> 00:29:30,480

above the area and they'll see

821

00:29:35,990 --> 00:29:33,840

a slight hue of pink or purple or green

822

00:29:37,830 --> 00:29:36,000

and they'll go oh my gosh there's some

823

00:29:40,149 --> 00:29:37,840

food down there they'll fly down

824

00:29:41,350 --> 00:29:40,159

and they'll eat the grub that's eating

825

00:29:44,149 --> 00:29:41,360

the plants

826
00:29:45,430 --> 00:29:44,159
so why do we have all of these poisons

827
00:29:48,710 --> 00:29:45,440
and killers to kill

828
00:29:51,190 --> 00:29:48,720
all of these bugs and the microbiome

829
00:29:51,990 --> 00:29:51,200
it's all part of the same control grid

830
00:29:59,830 --> 00:29:52,000
those

831
00:30:02,950 --> 00:29:59,840
the foundation of our soil of our life

832
00:30:04,789 --> 00:30:02,960
wow yeah and you can't

833
00:30:06,310 --> 00:30:04,799
take the pieces of the puzzle and

834
00:30:08,549 --> 00:30:06,320
separate them out they all kind of have

835
00:30:11,190 --> 00:30:08,559
to go together 100

836
00:30:12,470 --> 00:30:11,200
they do there's more organisms in a

837
00:30:16,389 --> 00:30:12,480
handful of soil

838
00:30:19,990 --> 00:30:18,470

wow and that's good soil of course the

839

00:30:22,230 --> 00:30:20,000

non-depleted stuff

840

00:30:23,909 --> 00:30:22,240

yeah yeah you nailed it and you

841

00:30:25,190 --> 00:30:23,919

mentioned this in a previous interview

842

00:30:27,510 --> 00:30:25,200

but the un

843

00:30:29,269 --> 00:30:27,520

said we only have two generations of

844

00:30:32,310 --> 00:30:29,279

soil left so in terms of

845

00:30:34,230 --> 00:30:32,320

urgency that's not a lot of time

846

00:30:35,990 --> 00:30:34,240

yeah yeah and of course the un is a

847

00:30:38,230 --> 00:30:36,000

criminal organization so i don't

848

00:30:40,389 --> 00:30:38,240

like quoting them the only reason i use

849

00:30:43,350 --> 00:30:40,399

that fact is because i like to speak

850

00:30:45,750 --> 00:30:43,360

to the gods of some of the people who

851

00:30:48,630 --> 00:30:45,760

believe in their gods like the u.n

852

00:30:49,190 --> 00:30:48,640

is higher up than god for a big group of

853

00:30:51,350 --> 00:30:49,200

the

854

00:30:52,389 --> 00:30:51,360

world right now so i said okay what do

855

00:30:53,990 --> 00:30:52,399

you do about this

856

00:30:55,430 --> 00:30:54,000

and then they're like oh gosh yeah

857

00:30:58,070 --> 00:30:55,440

that's something to consider

858

00:30:59,590 --> 00:30:58,080

so the reason also i use that quote is

859

00:31:01,669 --> 00:30:59,600

because permaculturists

860

00:31:02,710 --> 00:31:01,679

and farmers are saying the same thing

861

00:31:05,269 --> 00:31:02,720

they're saying our

862

00:31:06,389 --> 00:31:05,279

soil has been poisoned mined and

863

00:31:09,590 --> 00:31:06,399

depleted

864

00:31:11,110 --> 00:31:09,600

for so long in such unsustainable

865

00:31:14,149 --> 00:31:11,120

ridiculously destructive

866

00:31:16,710 --> 00:31:14,159

processes that we have to make a change

867

00:31:18,470 --> 00:31:16,720

right and for people who might be a

868

00:31:21,509 --> 00:31:18,480

little bit shocked

869

00:31:22,310 --> 00:31:21,519

or stressed out by hearing that kind of

870

00:31:24,950 --> 00:31:22,320

news

871

00:31:26,630 --> 00:31:24,960

how difficult is it to reverse that

872

00:31:29,430 --> 00:31:26,640

damage now i'm not talking like

873

00:31:31,350 --> 00:31:29,440

monsanto's big mono crop acreage or bill

874

00:31:32,710 --> 00:31:31,360

gates buying up as much farmland as he

875

00:31:35,750 --> 00:31:32,720

can but our own

876

00:31:38,389 --> 00:31:35,760

land even if it's just a dirt pile

877

00:31:39,430 --> 00:31:38,399

it's not that difficult to reverse that

878

00:31:43,269 --> 00:31:39,440

and make it rich

879

00:31:45,990 --> 00:31:43,279

is it it's not at all the life is

880

00:31:46,710 --> 00:31:46,000

life nature is so much more powerful

881

00:31:49,909 --> 00:31:46,720

than these

882

00:31:52,149 --> 00:31:49,919

idiots um it's not at all it just takes

883

00:31:53,110 --> 00:31:52,159

the right combination of things if you

884

00:31:56,070 --> 00:31:53,120

just let it go

885

00:31:58,630 --> 00:31:56,080

if you just quit poisoning it it would be

886

00:32:00,470 --> 00:31:58,640

totally healed in a matter of time

887

00:32:02,389 --> 00:32:00,480

some places of course would take more

888

00:32:05,509 --> 00:32:02,399

time than others because there's been

889

00:32:07,190 --> 00:32:05,519

so many poison applications for so long

890

00:32:10,389 --> 00:32:07,200

but there's enough left and i'm

891

00:32:12,830 --> 00:32:10,399

completely optimistic that we will see

892

00:32:13,990 --> 00:32:12,840

the garden of eden type of scenario

893

00:32:17,350 --> 00:32:14,000

everywhere

894

00:32:19,350 --> 00:32:17,360

it will help a lot if we do exactly what

895

00:32:21,430 --> 00:32:19,360

i'm advocating and that is to become

896

00:32:24,470 --> 00:32:21,440

producers as well as consumers

897

00:32:26,549 --> 00:32:24,480

to start using your resources your lawn

898

00:32:27,830 --> 00:32:26,559

wisely and this is something that needs

899

00:32:28,389 --> 00:32:27,840

to be said because a lot of people think

900

00:32:30,549 --> 00:32:28,399

well

901
00:32:32,149 --> 00:32:30,559
shoot i've been spraying my lawn or the

902
00:32:33,190 --> 00:32:32,159
landscaping company has been spraying

903
00:32:35,269 --> 00:32:33,200
poisons on my lawn

904
00:32:37,269 --> 00:32:35,279
so now i can't grow food no no no you

905
00:32:39,430 --> 00:32:37,279
absolutely can

906
00:32:41,110 --> 00:32:39,440
those poisons aren't as powerful as

907
00:32:42,149 --> 00:32:41,120
nature so they have to be reapplied and

908
00:32:48,230 --> 00:32:42,159
reapplied

909
00:32:50,230 --> 00:32:48,240
then nature will bounce back relatively

910
00:32:52,710 --> 00:32:50,240
quickly

911
00:32:54,870 --> 00:32:52,720
well said and so what would be some of

912
00:32:57,990 --> 00:32:54,880
our first steps to

913
00:32:58,549 --> 00:32:58,000

revitalizing a dead dirt patch that we

914

00:33:01,190 --> 00:32:58,559

might

915

00:33:01,750 --> 00:33:01,200

have somewhere on the property if you

916

00:33:03,590 --> 00:33:01,760

want to

917

00:33:05,190 --> 00:33:03,600

speed it up the number one thing you do

918

00:33:08,230 --> 00:33:05,200

is just stop poisoning it

919

00:33:09,110 --> 00:33:08,240

and first and foremost quit applying

920

00:33:12,310 --> 00:33:09,120

place

921

00:33:16,149 --> 00:33:12,320

secondly you'd want to plant some plants

922

00:33:19,190 --> 00:33:16,159

that heal the soil for instance hemp

923

00:33:22,789 --> 00:33:19,200

leeches out heavy metals and even

924

00:33:25,990 --> 00:33:22,799

nuclear radioactive soil

925

00:33:28,070 --> 00:33:26,000

nitrogen fixers help replace nitrogen

926

00:33:31,430 --> 00:33:28,080

that's been leached out of the soil

927

00:33:33,990 --> 00:33:31,440

daisies and dandelions all of these

928

00:33:35,190 --> 00:33:34,000

pioneering plants i mean this whole idea

929

00:33:38,710 --> 00:33:35,200

of weeds

930

00:33:41,029 --> 00:33:38,720

is a marketing tool to sell us poisons

931

00:33:42,310 --> 00:33:41,039

this whole idea of viruses is a

932

00:33:44,950 --> 00:33:42,320

marketing tool

933

00:33:46,710 --> 00:33:44,960

to sell us poisons our bodies made of

934

00:33:48,950 --> 00:33:46,720

viruses like literally there's more

935

00:33:51,110 --> 00:33:48,960

viruses in our body than there are

936

00:33:52,789 --> 00:33:51,120

strands of dna in fact our dna is made

937

00:33:56,549 --> 00:33:52,799

of viruses in some cases

938

00:33:58,470 --> 00:33:56,559

in part right so anything that we've

939

00:33:59,190 --> 00:33:58,480

learned we have to first start breaking

940

00:34:01,269 --> 00:33:59,200

down

941

00:34:03,750 --> 00:34:01,279

and unlearning what we've been

942

00:34:05,990 --> 00:34:03,760

programmed to believe

943

00:34:07,669 --> 00:34:06,000

so anyway back to weeds there are no

944

00:34:10,869 --> 00:34:07,679

weeds every plant

945

00:34:11,510 --> 00:34:10,879

and every pioneer has a purpose and so

946

00:34:13,349 --> 00:34:11,520

it's

947

00:34:14,950 --> 00:34:13,359

important a little bit to either just

948

00:34:17,829 --> 00:34:14,960

let it do its own thing

949

00:34:19,909 --> 00:34:17,839

or to kind of understand and design

950

00:34:21,109 --> 00:34:19,919

according to the purpose that you want

951
00:34:24,950 --> 00:34:21,119
to see come

952
00:34:27,510 --> 00:34:24,960
to fruition that's a good point about

953
00:34:28,470 --> 00:34:27,520
the weeds i remember growing up my

954
00:34:31,190 --> 00:34:28,480
parents would pull

955
00:34:31,750 --> 00:34:31,200
dandelions out of the lawn but yet now i

956
00:34:34,710 --> 00:34:31,760
see

957
00:34:36,310 --> 00:34:34,720
bottled dandelions in like herb stores

958
00:34:37,510 --> 00:34:36,320
and stuff so it's like the medicine was

959
00:34:39,829 --> 00:34:37,520
right there

960
00:34:42,310 --> 00:34:39,839
isn't that amazing i'll never forget the

961
00:34:45,589 --> 00:34:42,320
time i was like seven or eight years old

962
00:34:47,030 --> 00:34:45,599
and i was in the lawn and there were

963
00:34:48,869 --> 00:34:47,040

dandelions popping up and i

964

00:34:50,149 --> 00:34:48,879

i went and grabbed one and i said how

965

00:34:52,470 --> 00:34:50,159

beautiful it was

966

00:34:54,069 --> 00:34:52,480

and i can't remember with my mom dad

967

00:34:56,149 --> 00:34:54,079

said oh they're bad

968

00:34:57,190 --> 00:34:56,159

and my my dad are awesome people like

969

00:34:59,430 --> 00:34:57,200

but

970

00:35:00,950 --> 00:34:59,440

they believed that danny lies were bad

971

00:35:03,430 --> 00:35:00,960

and it was the best thing in the whole

972

00:35:05,750 --> 00:35:03,440

lawn

973

00:35:07,030 --> 00:35:05,760

yeah i'm always really interested to

974

00:35:10,470 --> 00:35:07,040

learn these just

975

00:35:12,390 --> 00:35:10,480

little anecdotes of plant intelligence

976

00:35:13,910 --> 00:35:12,400

i'm sure you've got a laundry list of

977

00:35:14,390 --> 00:35:13,920

them but can you give the people a few

978

00:35:17,510 --> 00:35:14,400

more

979

00:35:20,870 --> 00:35:17,520

examples of plant intelligence that blew

980

00:35:23,190 --> 00:35:20,880

your mind throughout learning all this

981

00:35:24,150 --> 00:35:23,200

the main thing is mimicking natural

982

00:35:27,030 --> 00:35:24,160

systems so

983

00:35:29,109 --> 00:35:27,040

for instance a spider a lot of people

984

00:35:30,870 --> 00:35:29,119

they see a spider web they take it down

985

00:35:32,310 --> 00:35:30,880

if we have a spiderweb near our front

986

00:35:34,310 --> 00:35:32,320

door we

987

00:35:36,390 --> 00:35:34,320

love that that's our mosquito catcher

988

00:35:39,589 --> 00:35:36,400

that's a permaculture

989

00:35:41,270 --> 00:35:39,599

solution to a really freaking annoying

990

00:35:44,069 --> 00:35:41,280

problem

991

00:35:45,430 --> 00:35:44,079

possums we have possum boxes at our

992

00:35:48,230 --> 00:35:45,440

community golf landing

993

00:35:50,150 --> 00:35:48,240

possums are nature's number one woodtick

994

00:35:50,870 --> 00:35:50,160

killer killing tens of thousands and

995

00:35:53,910 --> 00:35:50,880

eating

996

00:35:56,950 --> 00:35:53,920

wood ticks per year so people love

997

00:35:59,430 --> 00:35:56,960

to kill or to push these animals away

998

00:36:03,190 --> 00:35:59,440

from us we need to invite them

999

00:36:04,550 --> 00:36:03,200

in to the system a lot of people say i'm

1000

00:36:06,790 --> 00:36:04,560

scared of the bees

1001
00:36:08,310 --> 00:36:06,800
or i'm scared of the snakes or the rats

1002
00:36:09,030 --> 00:36:08,320
or a food forest is going to bring in

1003
00:36:10,470 --> 00:36:09,040
rats

1004
00:36:12,630 --> 00:36:10,480
that's just the silliest thing i've ever

1005
00:36:16,230 --> 00:36:12,640
heard a food forest will bring in

1006
00:36:18,550 --> 00:36:16,240
a balance of everything in fact in our

1007
00:36:20,790 --> 00:36:18,560
backyard we've got a compost pile here

1008
00:36:21,750 --> 00:36:20,800
and we started throwing compost maybe a

1009
00:36:23,270 --> 00:36:21,760
year and a half ago

1010
00:36:25,109 --> 00:36:23,280
and we're living kind of a rental

1011
00:36:26,390 --> 00:36:25,119
suburban hoa type thing

1012
00:36:28,470 --> 00:36:26,400
we're not supposed to have the compost

1013
00:36:30,790 --> 00:36:28,480

pile but anyway

1014

00:36:31,589 --> 00:36:30,800

we started doing that about three months

1015

00:36:34,870 --> 00:36:31,599

later

1016

00:36:37,510 --> 00:36:34,880

we had a hawk that now made a home

1017

00:36:39,430 --> 00:36:37,520

and every day the hawk takes a look at

1018

00:36:40,470 --> 00:36:39,440

our compost pile and one day i saw the

1019

00:36:42,950 --> 00:36:40,480

hawk carrying a big

1020

00:36:44,470 --> 00:36:42,960

i think it was a rat i'd never actually

1021

00:36:45,670 --> 00:36:44,480

seen a rat in there but obviously

1022

00:36:47,829 --> 00:36:45,680

they're there

1023

00:36:48,950 --> 00:36:47,839

and they're everywhere but now we have a

1024

00:36:51,270 --> 00:36:48,960

hawk

1025

00:36:52,710 --> 00:36:51,280

so when we took out some of the apex

1026
00:36:54,550 --> 00:36:52,720
predators

1027
00:36:55,990 --> 00:36:54,560
the wolves and the bears and these

1028
00:36:59,270 --> 00:36:56,000
different predators in

1029
00:37:02,150 --> 00:36:59,280
our ecosystem we create a massive

1030
00:37:03,430 --> 00:37:02,160
unbalance we have to then become the

1031
00:37:06,470 --> 00:37:03,440
apex predator

1032
00:37:09,589 --> 00:37:06,480
or like happened at yellowstone

1033
00:37:12,310 --> 00:37:09,599
the elk and the bison were eating

1034
00:37:12,950 --> 00:37:12,320
all of the vegetation so when they

1035
00:37:15,990 --> 00:37:12,960
released

1036
00:37:16,630 --> 00:37:16,000
packs of wolves into yellowstone it

1037
00:37:20,069 --> 00:37:16,640
literally

1038
00:37:23,030 --> 00:37:20,079

changed the course of the rivers

1039

00:37:23,510 --> 00:37:23,040

wow yeah it's just i think the same

1040

00:37:26,710 --> 00:37:23,520

about

1041

00:37:30,390 --> 00:37:26,720

our own bodies like how can i

1042

00:37:31,670 --> 00:37:30,400

trust a system like the cdc that wants

1043

00:37:33,430 --> 00:37:31,680

to inject us

1044

00:37:35,109 --> 00:37:33,440

when they don't even understand that

1045

00:37:36,950 --> 00:37:35,119

consciousness is a thing they don't look

1046

00:37:39,430 --> 00:37:36,960

at the body holistically

1047

00:37:41,670 --> 00:37:39,440

just like you can't introduce wolves

1048

00:37:43,910 --> 00:37:41,680

without unintended consequences it's a

1049

00:37:44,870 --> 00:37:43,920

big giant ecosystem our bodies the same

1050

00:37:46,870 --> 00:37:44,880

way and it's like

1051
00:37:48,630 --> 00:37:46,880
on a fundamental level without that

1052
00:37:52,630 --> 00:37:48,640
holistic approach

1053
00:37:55,829 --> 00:37:52,640
i would say do not meddle exactly

1054
00:37:57,910 --> 00:37:55,839
oh my gosh the story upon story i lived

1055
00:38:00,150 --> 00:37:57,920
in maui for four years and

1056
00:38:02,829 --> 00:38:00,160
they had a major rap problem so they

1057
00:38:07,109 --> 00:38:04,710
mongooses well

1058
00:38:07,990 --> 00:38:07,119
mongooses are diurnal and rats are

1059
00:38:10,069 --> 00:38:08,000
nocturnal

1060
00:38:11,589 --> 00:38:10,079
so now you've got just mongooses all

1061
00:38:13,030 --> 00:38:11,599
over the place eaten out of the trash

1062
00:38:16,790 --> 00:38:13,040
cans and rats

1063
00:38:17,670 --> 00:38:16,800

wow the idiocracy of people now lately

1064

00:38:20,950 --> 00:38:17,680

bill gates has

1065

00:38:21,990 --> 00:38:20,960

released bile gmod mosquitoes into

1066

00:38:25,109 --> 00:38:22,000

florida

1067

00:38:26,870 --> 00:38:25,119

yes i mean there's some wicked [h__h]

1068

00:38:28,550 --> 00:38:26,880

going on there i don't know exactly what

1069

00:38:32,550 --> 00:38:28,560

that is but there's some

1070

00:38:35,589 --> 00:38:32,560

sinister intent behind that yes i agree

1071

00:38:37,109 --> 00:38:35,599

and uh time might tell unfortunately but

1072

00:38:39,990 --> 00:38:37,119

yeah no we got to live our lives

1073

00:38:43,030 --> 00:38:40,000

regardless and focus on what we can do

1074

00:38:44,470 --> 00:38:43,040

and we have talked about some pretty

1075

00:38:47,589 --> 00:38:44,480

bold things like

1076
00:38:50,630 --> 00:38:47,599
getting our food forest under control

1077
00:38:53,510 --> 00:38:50,640
could actually nationwide reverse cancer

1078
00:38:55,750 --> 00:38:53,520
trends reverse diabetes trends and

1079
00:38:56,710 --> 00:38:55,760
and make a lot of inroads into the

1080
00:38:59,030 --> 00:38:56,720
profits of

1081
00:39:00,870 --> 00:38:59,040
big pharma because our stuff that we

1082
00:39:02,470 --> 00:39:00,880
need for proper health is right in our

1083
00:39:05,670 --> 00:39:02,480
own backyard

1084
00:39:07,990 --> 00:39:05,680
exactly we have to take control of our

1085
00:39:09,430 --> 00:39:08,000
minds our energy our vibration our

1086
00:39:12,630 --> 00:39:09,440
bodies our guts

1087
00:39:14,950 --> 00:39:12,640
and we can do that so easily so

1088
00:39:16,550 --> 00:39:14,960

people spend an average of let's say if

1089

00:39:17,270 --> 00:39:16,560

you're think you're a healthy person how

1090

00:39:19,910 --> 00:39:17,280

many

1091

00:39:21,750 --> 00:39:19,920

minutes a day do you spend working out

1092

00:39:22,150 --> 00:39:21,760

or doing yoga or any of those things

1093

00:39:24,069 --> 00:39:22,160

what do

1094

00:39:25,349 --> 00:39:24,079

would you say a half an hour every every

1095

00:39:28,470 --> 00:39:25,359

other day would be

1096

00:39:29,030 --> 00:39:28,480

normal yeah for people who are uh good

1097

00:39:32,470 --> 00:39:29,040

about it

1098

00:39:33,670 --> 00:39:32,480

for sure so if you spent that same half

1099

00:39:35,829 --> 00:39:33,680

an hour

1100

00:39:37,510 --> 00:39:35,839

doing meditation and yoga while

1101
00:39:41,829 --> 00:39:37,520
gardening

1102
00:39:43,829 --> 00:39:41,839
you you'd have all of the food you need

1103
00:39:45,109 --> 00:39:43,839
and that amazing that's the ultimate

1104
00:39:47,349 --> 00:39:45,119
stack of functions

1105
00:39:49,109 --> 00:39:47,359
when you can take the same benefits and

1106
00:39:51,030 --> 00:39:49,119
you can add another benefit

1107
00:39:52,870 --> 00:39:51,040
and now you've got all the food which is

1108
00:39:53,270 --> 00:39:52,880
also all the health which is also saving

1109
00:39:54,829 --> 00:39:53,280
money

1110
00:39:56,790 --> 00:39:54,839
and saving the planet and gaining

1111
00:39:58,390 --> 00:39:56,800
freedom wow

1112
00:40:00,310 --> 00:39:58,400
you make it seem like we had this

1113
00:40:01,829 --> 00:40:00,320

miracle cure right there at our

1114

00:40:04,470 --> 00:40:01,839

fingertips and we just

1115

00:40:05,430 --> 00:40:04,480

thought it was too simple too boring to

1116

00:40:07,829 --> 00:40:05,440

really get into

1117

00:40:09,430 --> 00:40:07,839

but it could help us economically

1118

00:40:13,510 --> 00:40:09,440

financially it can help us

1119

00:40:17,109 --> 00:40:13,520

our health it's really just a no-brainer

1120

00:40:20,470 --> 00:40:17,119

it's a no-brainer and that's the program

1121

00:40:22,230 --> 00:40:20,480

i don't tend to talk about this a lot

1122

00:40:24,550 --> 00:40:22,240

but it's just so much fun to think about

1123

00:40:26,230 --> 00:40:24,560

this idea of the garden of eden

1124

00:40:28,230 --> 00:40:26,240

i'm not a religious person i'm a very

1125

00:40:31,190 --> 00:40:28,240

spiritual person but there was a

1126

00:40:32,230 --> 00:40:31,200

split there and i think that is a

1127

00:40:35,589 --> 00:40:32,240

metaphor

1128

00:40:39,910 --> 00:40:35,599

for when the contrast came in

1129

00:40:42,870 --> 00:40:39,920

and started creating these alternative

1130

00:40:45,829 --> 00:40:42,880

death symptoms or death structures

1131

00:40:49,349 --> 00:40:45,839

because without this at the same time as

1132

00:40:51,990 --> 00:40:49,359

this is definitely a path to death if we

1133

00:40:54,470 --> 00:40:52,000

continue on it of the whole system at

1134

00:40:58,630 --> 00:40:54,480

the same time without this contrast

1135

00:41:01,910 --> 00:40:58,640

would people be asking new questions um

1136

00:41:05,670 --> 00:41:01,920

yeah and you know the garden of eden

1137

00:41:07,750 --> 00:41:05,680

or this concept we have of a golden age

1138

00:41:09,750 --> 00:41:07,760

what does it look like in your mind it

1139

00:41:13,349 --> 00:41:09,760

doesn't look like new york city

1140

00:41:15,030 --> 00:41:13,359

no it doesn't to me it just feels like

1141

00:41:17,349 --> 00:41:15,040

i've lived in these food forests and

1142

00:41:19,030 --> 00:41:17,359

stuff in costa rica and here

1143

00:41:20,950 --> 00:41:19,040

it's the garden of eden it's like you

1144

00:41:23,670 --> 00:41:20,960

look around and you can walk

1145

00:41:25,190 --> 00:41:23,680

20 feet any direction and get a handful

1146

00:41:27,990 --> 00:41:25,200

of food

1147

00:41:28,630 --> 00:41:28,000

yeah it's amazing and can you elaborate

1148

00:41:31,589 --> 00:41:28,640

on

1149

00:41:32,309 --> 00:41:31,599

what those eco villages in costa rica

1150

00:41:33,990 --> 00:41:32,319

looked like

1151

00:41:35,589 --> 00:41:34,000

because it's more than just a food

1152

00:41:36,390 --> 00:41:35,599

forest right i mean you're helping with

1153

00:41:39,829 --> 00:41:36,400

the

1154

00:41:43,430 --> 00:41:39,839

uh water collection

1155

00:41:45,589 --> 00:41:43,440

and the energy production right yeah so

1156

00:41:47,589 --> 00:41:45,599

i'll talk about gals landing so john

1157

00:41:49,750 --> 00:41:47,599

galt from atlas shrugged

1158

00:41:50,790 --> 00:41:49,760

who is john gallagher the primary

1159

00:41:53,349 --> 00:41:50,800

character

1160

00:41:54,470 --> 00:41:53,359

in that book about freedom and

1161

00:41:57,670 --> 00:41:54,480

self-reliance

1162

00:41:59,109 --> 00:41:57,680

so we're creating community on 52 acres

1163

00:42:01,589 --> 00:41:59,119

it's got a private lake we've got the

1164

00:42:04,470 --> 00:42:01,599

only dock on the lake and 10 home sites

1165

00:42:04,870 --> 00:42:04,480

and the community is we've planted our

1166

00:42:07,510 --> 00:42:04,880

first

1167

00:42:07,990 --> 00:42:07,520

starter food forest and it's right in

1168

00:42:10,309 --> 00:42:08,000

the middle

1169

00:42:12,069 --> 00:42:10,319

of kind of a woodsy area it's at the end

1170

00:42:13,910 --> 00:42:12,079

of a road there's deer and bear and all

1171

00:42:17,109 --> 00:42:13,920

these animals everywhere

1172

00:42:20,230 --> 00:42:17,119

and it's thriving we haven't touched it

1173

00:42:21,109 --> 00:42:20,240

in 12 months we have done nothing no

1174

00:42:23,270 --> 00:42:21,119

maintenance

1175

00:42:25,270 --> 00:42:23,280

and it's thriving and there's lemons and

1176

00:42:28,630 --> 00:42:25,280

cherries and blueberries and i mean

1177

00:42:31,910 --> 00:42:28,640

55 different plants in this little area

1178

00:42:35,589 --> 00:42:31,920

so it's all about scale from that

1179

00:42:37,270 --> 00:42:35,599

one area we can seed the next area and

1180

00:42:39,109 --> 00:42:37,280

the next area in the next area

1181

00:42:40,390 --> 00:42:39,119

now that'll take time so we're just

1182

00:42:41,829 --> 00:42:40,400

going to buy a bunch more fruit trees

1183

00:42:45,109 --> 00:42:41,839

and stick them in

1184

00:42:46,870 --> 00:42:45,119

and save that extra 20 or 30 years

1185

00:42:48,710 --> 00:42:46,880

but being in a food forest the

1186

00:42:51,109 --> 00:42:48,720

butterflies the birds

1187

00:42:53,030 --> 00:42:51,119

the life it's a vibration experience

1188

00:42:56,470 --> 00:42:53,040

when you stop your mind and just take a

1189

00:43:03,349 --> 00:42:59,510

you feel this balance

1190

00:43:04,710 --> 00:43:03,359

this connection to what we're supposed

1191

00:43:07,750 --> 00:43:04,720

to be connected to

1192

00:43:10,790 --> 00:43:07,760

the disconnect the program

1193

00:43:13,109 --> 00:43:10,800

that we have experienced since then

1194

00:43:15,349 --> 00:43:13,119

is the disconnect but now we're in the

1195

00:43:16,870 --> 00:43:15,359

apocalypse which means lifting the veil

1196

00:43:18,309 --> 00:43:16,880

the age of enlightenment the age of

1197

00:43:20,069 --> 00:43:18,319

aquarius like it's written in the

1198

00:43:21,430 --> 00:43:20,079

freaking stars it's written in all the

1199

00:43:23,670 --> 00:43:21,440

religious texts

1200

00:43:25,430 --> 00:43:23,680

that there will be a time when we have

1201
00:43:28,710 --> 00:43:25,440
to make some choices

1202
00:43:29,190 --> 00:43:28,720
and the choice is whether we continue

1203
00:43:32,550 --> 00:43:29,200
down

1204
00:43:34,230 --> 00:43:32,560
the programming road or we

1205
00:43:36,069 --> 00:43:34,240
have faith and courage and those are

1206
00:43:37,510 --> 00:43:36,079
clues faith has always been a clue have

1207
00:43:38,230 --> 00:43:37,520
faith have faith okay what is the hell

1208
00:43:40,470 --> 00:43:38,240
does that mean

1209
00:43:42,630 --> 00:43:40,480
well it means quit having fear like

1210
00:43:43,270 --> 00:43:42,640
start focusing forward on what you can

1211
00:43:45,990 --> 00:43:43,280
do take

1212
00:43:46,710 --> 00:43:46,000
action little by little the right

1213
00:43:49,270 --> 00:43:46,720

direction

1214

00:43:51,430 --> 00:43:49,280

with faith and that's how we heal

1215

00:43:53,589 --> 00:43:51,440

ourselves and our world

1216

00:43:55,670 --> 00:43:53,599

yeah you got to trust that the good will

1217

00:43:57,750 --> 00:43:55,680

win out and if you have that trust you

1218

00:44:01,510 --> 00:43:57,760

focus less on the immediate

1219

00:44:04,390 --> 00:44:01,520

panic and fear absolutely

1220

00:44:06,069 --> 00:44:04,400

yes and galt's landing i have seen the

1221

00:44:08,230 --> 00:44:06,079

concept art for this

1222

00:44:09,990 --> 00:44:08,240

it just looks like a permaculture

1223

00:44:13,190 --> 00:44:10,000

paradise neighborhood

1224

00:44:15,750 --> 00:44:13,200

and it's in central florida right yes

1225

00:44:18,710 --> 00:44:15,760

central florida it's about 35 minutes

1226

00:44:20,309 --> 00:44:18,720

from orlando international

1227

00:44:22,069 --> 00:44:20,319

yeah i can't wait to live there i'm

1228

00:44:23,430 --> 00:44:22,079

going to use my home there which will be

1229

00:44:25,270 --> 00:44:23,440

completely off grid

1230

00:44:27,270 --> 00:44:25,280

every home site's designed with a

1231

00:44:30,230 --> 00:44:27,280

complete food forest its own well

1232

00:44:31,829 --> 00:44:30,240

in its own energy center and i can't

1233

00:44:33,750 --> 00:44:31,839

wait to be there and use that as my

1234

00:44:36,150 --> 00:44:33,760

stage to show the world

1235

00:44:38,630 --> 00:44:36,160

that off-grid doesn't mean some cabin in

1236

00:44:40,470 --> 00:44:38,640

the woods it doesn't mean

1237

00:44:42,069 --> 00:44:40,480

gardening all day long it's just

1238

00:44:46,069 --> 00:44:42,079

completely the next

1239

00:44:49,349 --> 00:44:46,079

logical step yeah yeah it really

1240

00:44:52,870 --> 00:44:49,359

reminds me of a previous attempt

1241

00:44:54,710 --> 00:44:52,880

from jacque fresco to try to show

1242

00:44:56,470 --> 00:44:54,720

what he was doing with the venus project

1243

00:44:58,710 --> 00:44:56,480

it's a little more on the tech

1244

00:45:01,030 --> 00:44:58,720

side but he was trying to set up

1245

00:45:02,069 --> 00:45:01,040

something in florida before he died that

1246

00:45:04,630 --> 00:45:02,079

would be

1247

00:45:05,990 --> 00:45:04,640

an example people could come and tour to

1248

00:45:07,990 --> 00:45:06,000

see the efficiency

1249

00:45:10,230 --> 00:45:08,000

and living within nature rather than

1250

00:45:12,470 --> 00:45:10,240

dominating it and clearing it out

1251
00:45:14,790 --> 00:45:12,480
and it's awesome that you're doing that

1252
00:45:17,589 --> 00:45:14,800
because once people

1253
00:45:19,510 --> 00:45:17,599
see the template it could spread it

1254
00:45:22,390 --> 00:45:19,520
could spread like crazy

1255
00:45:24,790 --> 00:45:22,400
yeah it will absolutely spread because

1256
00:45:27,750 --> 00:45:24,800
there's no reason not to do it

1257
00:45:29,510 --> 00:45:27,760
other than programmed bs belief systems

1258
00:45:33,430 --> 00:45:29,520
bad science and [h__\h]

1259
00:45:37,030 --> 00:45:33,440
the benefits of this type of life

1260
00:45:40,390 --> 00:45:37,040
stack on every level it's a better

1261
00:45:41,750 --> 00:45:40,400
life and

1262
00:45:44,069 --> 00:45:41,760
maybe we said a few things about it but

1263
00:45:46,390 --> 00:45:44,079

what can you say about the

1264

00:45:48,150 --> 00:45:46,400

maintenance time that it takes not only

1265

00:45:51,109 --> 00:45:48,160

is that time good for us

1266

00:45:53,349 --> 00:45:51,119

like we mentioned but people have this

1267

00:45:55,990 --> 00:45:53,359

impression that it's another full-time

1268

00:45:57,589 --> 00:45:56,000

job but the way you design these things

1269

00:45:58,390 --> 00:45:57,599

they kind of take care of themselves

1270

00:46:01,589 --> 00:45:58,400

outside of

1271

00:46:03,750 --> 00:46:01,599

a once or twice a year pruning session

1272

00:46:05,910 --> 00:46:03,760

on the trees is that right

1273

00:46:07,510 --> 00:46:05,920

yes i'll give you an example the

1274

00:46:09,190 --> 00:46:07,520

archaeologists who have studied the

1275

00:46:11,430 --> 00:46:09,200

amazon rainforest have been

1276
00:46:13,190 --> 00:46:11,440
you know studying this for decades and

1277
00:46:15,829 --> 00:46:13,200
what they have recently

1278
00:46:17,589 --> 00:46:15,839
come to learn is that the amazon

1279
00:46:20,630 --> 00:46:17,599
rainforest was a design

1280
00:46:23,829 --> 00:46:20,640
food forest 5 000 years ago yes

1281
00:46:27,030 --> 00:46:23,839
and how much maintenance does it take

1282
00:46:30,470 --> 00:46:27,040
none so the pruning

1283
00:46:32,069 --> 00:46:30,480
will help create a better yield of fruit

1284
00:46:33,829 --> 00:46:32,079
because when you take that energy and

1285
00:46:35,109 --> 00:46:33,839
you put into fruit production instead of

1286
00:46:38,230 --> 00:46:35,119
new branches

1287
00:46:39,670 --> 00:46:38,240
then you get a better yield you also get

1288
00:46:40,470 --> 00:46:39,680

new fruit trees if you do it right like

1289

00:46:43,670 --> 00:46:40,480

grafting

1290

00:46:44,950 --> 00:46:43,680

air layering lingering stuff so i want

1291

00:46:46,309 --> 00:46:44,960

to talk to you about the difference

1292

00:46:48,950 --> 00:46:46,319

between perennials and

1293

00:46:50,470 --> 00:46:48,960

annuals perennials are plants that you

1294

00:46:51,750 --> 00:46:50,480

plant and they're going to live for two

1295

00:46:54,710 --> 00:46:51,760

or more years

1296

00:46:55,670 --> 00:46:54,720

most of them last for generations in

1297

00:46:58,230 --> 00:46:55,680

fact there's an

1298

00:47:00,870 --> 00:46:58,240

olive tree on the greek isle of crete

1299

00:47:04,470 --> 00:47:00,880

that was planted over 2 000 years ago

1300

00:47:06,150 --> 00:47:04,480

and is still producing olives today damn

1301
00:47:08,630 --> 00:47:06,160
no maintenance in fact they've got a

1302
00:47:11,670 --> 00:47:08,640
fence around it leave it alone

1303
00:47:14,309 --> 00:47:11,680
so if you want to have where

1304
00:47:15,190 --> 00:47:14,319
you like gardening then you're going to

1305
00:47:17,829 --> 00:47:15,200
want to have some

1306
00:47:19,829 --> 00:47:17,839
annuals right because annuals cucumbers

1307
00:47:20,950 --> 00:47:19,839
and tomatoes and squash and peppers and

1308
00:47:22,630 --> 00:47:20,960
all these

1309
00:47:24,950 --> 00:47:22,640
you're going to want to be out there

1310
00:47:26,470 --> 00:47:24,960
maybe a couple times a week

1311
00:47:28,150 --> 00:47:26,480
playing with the plants and stuff and

1312
00:47:30,069 --> 00:47:28,160
you can turn that into a

1313
00:47:31,190 --> 00:47:30,079

meditative session in fact they found

1314

00:47:33,270 --> 00:47:31,200

that gardening as

1315

00:47:34,790 --> 00:47:33,280

is healthy for your body as yoga and

1316

00:47:37,510 --> 00:47:34,800

meditation

1317

00:47:39,829 --> 00:47:37,520

so you can stack that function

1318

00:47:40,950 --> 00:47:39,839

perennials are the food forests that we

1319

00:47:43,109 --> 00:47:40,960

love to design

1320

00:47:43,990 --> 00:47:43,119

although we do also design annuals into

1321

00:47:46,950 --> 00:47:44,000

the systems

1322

00:47:48,230 --> 00:47:46,960

but the primary focus is on perennial

1323

00:47:50,309 --> 00:47:48,240

food forests

1324

00:47:51,990 --> 00:47:50,319

that you could leave for 30 years and

1325

00:47:54,710 --> 00:47:52,000

come back and you've just got a

1326
00:47:55,750 --> 00:47:54,720
food forest right right and i've heard

1327
00:47:57,829 --> 00:47:55,760
you say that

1328
00:47:59,589 --> 00:47:57,839
if someone is kind of in a desperate

1329
00:48:01,270 --> 00:47:59,599
situation or really wants to hit the

1330
00:48:04,230 --> 00:48:01,280
ground running

1331
00:48:04,470 --> 00:48:04,240
perennials are for quick food production

1332
00:48:06,150 --> 00:48:04,480
and

1333
00:48:07,990 --> 00:48:06,160
annuals are for long-term food

1334
00:48:11,430 --> 00:48:08,000
production is that right

1335
00:48:15,829 --> 00:48:11,440
so annuals are plants that will harvest

1336
00:48:17,190 --> 00:48:15,839
in 45 to 90 days perennials are fruit

1337
00:48:19,030 --> 00:48:17,200
trees and berry bushes

1338
00:48:20,950 --> 00:48:19,040

oh gotcha so like the reverse of what i

1339

00:48:23,510 --> 00:48:20,960

just said yeah

1340

00:48:23,990 --> 00:48:23,520

all of the systems we design we advocate

1341

00:48:26,630 --> 00:48:24,000

for

1342

00:48:27,750 --> 00:48:26,640

using them so a little bit about the

1343

00:48:30,790 --> 00:48:27,760

design itself

1344

00:48:33,829 --> 00:48:30,800

we start by building the base which

1345

00:48:35,670 --> 00:48:33,839

is oftentimes but not always it's often

1346

00:48:36,549 --> 00:48:35,680

sheet mulching which you have a base of

1347

00:48:40,710 --> 00:48:36,559

cardboard

1348

00:48:43,190 --> 00:48:40,720

some soil on top of the soil you put a

1349

00:48:44,150 --> 00:48:43,200

layer of mulch which could be wood chips

1350

00:48:47,510 --> 00:48:44,160

or just any

1351

00:48:50,309 --> 00:48:47,520

plants mulched up because that simulates

1352

00:48:52,230 --> 00:48:50,319

a natural system you don't see exposed

1353

00:48:53,190 --> 00:48:52,240

dirt if you go into the jungle or into

1354

00:48:55,190 --> 00:48:53,200

any forest

1355

00:48:57,190 --> 00:48:55,200

you see leaves and sticks and you see

1356

00:48:59,990 --> 00:48:57,200

things on the ground

1357

00:49:01,670 --> 00:49:00,000

so for the first couple years your food

1358

00:49:04,470 --> 00:49:01,680

forest canopy will be

1359

00:49:05,829 --> 00:49:04,480

it'll be an immature food forest so sun

1360

00:49:08,309 --> 00:49:05,839

will be hitting

1361

00:49:09,510 --> 00:49:08,319

the ground that's when you want to plant

1362

00:49:12,470 --> 00:49:09,520

the annuals in there

1363

00:49:14,309 --> 00:49:12,480

so you can maximize your yield starting

1364

00:49:16,230 --> 00:49:14,319

60 to 90 days you're already going to be

1365

00:49:18,790 --> 00:49:16,240

getting yield from your food forest

1366

00:49:20,069 --> 00:49:18,800

and then within three to four years the

1367

00:49:22,309 --> 00:49:20,079

canopy of the

1368

00:49:24,150 --> 00:49:22,319

fruit trees is going to take up all the

1369

00:49:25,670 --> 00:49:24,160

sun and in that case you're going to

1370

00:49:28,150 --> 00:49:25,680

want to move the annuals to a different

1371

00:49:31,589 --> 00:49:28,160

location

1372

00:49:33,109 --> 00:49:31,599

okay so i've also heard you say since

1373

00:49:35,190 --> 00:49:33,119

we're on this topic that the first

1374

00:49:37,589 --> 00:49:35,200

mistake a lot of americans make

1375

00:49:38,470 --> 00:49:37,599

is not having good soil amendment and

1376

00:49:41,750 --> 00:49:38,480

not enough

1377

00:49:43,589 --> 00:49:41,760

attention paid to good mulch what are

1378

00:49:47,109 --> 00:49:43,599

the components of

1379

00:49:49,750 --> 00:49:47,119

good soil amendment well

1380

00:49:50,950 --> 00:49:49,760

it depends on so many different factors

1381

00:49:55,190 --> 00:49:50,960

like location you know

1382

00:49:58,790 --> 00:49:55,200

where i was at costa rica the ants

1383

00:50:01,990 --> 00:49:58,800

there was a fungal web that was how

1384

00:50:02,870 --> 00:50:02,000

decomposition primarily worked here in

1385

00:50:06,230 --> 00:50:02,880

florida

1386

00:50:09,589 --> 00:50:06,240

it's more of a bacterial system

1387

00:50:12,470 --> 00:50:09,599

so worms are going to be

1388

00:50:13,270 --> 00:50:12,480

most places worm castings are nature's

1389

00:50:16,470 --> 00:50:13,280

by far

1390

00:50:18,790 --> 00:50:16,480

best fertilizer and biochar if you can

1391

00:50:19,910 --> 00:50:18,800

do inoculated biochar which is basically

1392

00:50:22,710 --> 00:50:19,920

just biochar

1393

00:50:23,829 --> 00:50:22,720

that has worm castings mixed into it now

1394

00:50:25,750 --> 00:50:23,839

you've got

1395

00:50:27,750 --> 00:50:25,760

the best of both worlds so that would be

1396

00:50:31,030 --> 00:50:27,760

a good start

1397

00:50:31,430 --> 00:50:31,040

a good black soil rich black soil if you

1398

00:50:36,150 --> 00:50:31,440

find

1399

00:50:39,990 --> 00:50:39,109

nice clear to look for and another thing

1400

00:50:42,230 --> 00:50:40,000

in terms of people

1401
00:50:43,829 --> 00:50:42,240
trying to figure out what they can grow

1402
00:50:46,390 --> 00:50:43,839
and wanting to do this

1403
00:50:48,230 --> 00:50:46,400
really efficiently because there are so

1404
00:50:49,829 --> 00:50:48,240
many things but you say a lot of them

1405
00:50:52,390 --> 00:50:49,839
work symbiotically

1406
00:50:54,150 --> 00:50:52,400
we have so many choices it can be

1407
00:50:57,829 --> 00:50:54,160
difficult we might have analysis

1408
00:51:00,230 --> 00:50:57,839
paralysis are there certain categories

1409
00:51:01,270 --> 00:51:00,240
that we could stick to just to help make

1410
00:51:04,790 --> 00:51:01,280
it easier

1411
00:51:08,150 --> 00:51:04,800
to choose correctly with so many options

1412
00:51:11,109 --> 00:51:08,160
well yes i mean the main category for me

1413
00:51:12,870 --> 00:51:11,119

like i just referred to is no poisons

1414

00:51:14,390 --> 00:51:12,880

but that does bring up a thought here

1415

00:51:15,190 --> 00:51:14,400

now that we're getting towards the two

1416

00:51:17,190 --> 00:51:15,200

hour mark

1417

00:51:18,470 --> 00:51:17,200

i want to share if you're okay with it

1418

00:51:22,069 --> 00:51:18,480

the opportunity

1419

00:51:22,470 --> 00:51:22,079

that is before all of us to be part of

1420

00:51:25,910 --> 00:51:22,480

this

1421

00:51:27,670 --> 00:51:25,920

change so the problem

1422

00:51:29,349 --> 00:51:27,680

is the food supply chain i don't know if

1423

00:51:31,349 --> 00:51:29,359

you've heard of the ice age farmer

1424

00:51:32,950 --> 00:51:31,359

love that guy oh yeah he's been here

1425

00:51:35,430 --> 00:51:32,960

before previous guest

1426

00:51:37,270 --> 00:51:35,440

oh yeah awesome i would i'd love to talk

1427

00:51:38,790 --> 00:51:37,280

to him i've been so busy i haven't

1428

00:51:40,950 --> 00:51:38,800

talked to him personally yet but i would

1429

00:51:43,349 --> 00:51:40,960

sure love to because

1430

00:51:45,270 --> 00:51:43,359

he has exposed very clearly what's going

1431

00:51:46,549 --> 00:51:45,280

on with the intentional destruction of

1432

00:51:49,030 --> 00:51:46,559

the food supply chain

1433

00:51:49,990 --> 00:51:49,040

so if the problem is the lack of the

1434

00:51:52,150 --> 00:51:50,000

food supply chain

1435

00:51:53,190 --> 00:51:52,160

then the solution is opposite of that

1436

00:51:55,430 --> 00:51:53,200

the solution

1437

00:51:56,230 --> 00:51:55,440

is to build our own food supply chain

1438

00:52:00,069 --> 00:51:56,240

and

1439

00:52:02,630 --> 00:52:00,079

endeavor but when we're

1440

00:52:05,910 --> 00:52:02,640

actually stacking functions and turning

1441

00:52:08,549 --> 00:52:05,920

landscaping into food forest landscaping

1442

00:52:09,270 --> 00:52:08,559

instead of just ornamental landscaping

1443

00:52:12,150 --> 00:52:09,280

now

1444

00:52:14,470 --> 00:52:12,160

we've got a standard business model that

1445

00:52:17,109 --> 00:52:14,480

is beneficial on every level

1446

00:52:18,549 --> 00:52:17,119

it's profitable it helps save the

1447

00:52:20,870 --> 00:52:18,559

customer

1448

00:52:21,990 --> 00:52:20,880

it turns a liability of their yard into

1449

00:52:25,109 --> 00:52:22,000

an asset

1450

00:52:28,309 --> 00:52:25,119

and it helps save the cancer and

1451
00:52:28,710 --> 00:52:28,319
diabetes and heart disease i mean if you

1452
00:52:31,670 --> 00:52:28,720
just

1453
00:52:33,750 --> 00:52:31,680
look that one factor the odds of having

1454
00:52:35,270 --> 00:52:33,760
heart disease diabetes and cancer

1455
00:52:37,270 --> 00:52:35,280
when you have a food forest in your

1456
00:52:38,069 --> 00:52:37,280
backyard and you eat a healthy meal once

1457
00:52:40,549 --> 00:52:38,079
a day

1458
00:52:42,630 --> 00:52:40,559
are going to go down radically so if

1459
00:52:44,470 --> 00:52:42,640
that were the only reason would that not

1460
00:52:45,030 --> 00:52:44,480
be a good enough reason for most people

1461
00:52:47,030 --> 00:52:45,040
when

1462
00:52:48,230 --> 00:52:47,040
70 80 percent of people die of those

1463
00:52:51,910 --> 00:52:48,240

three things

1464

00:52:53,510 --> 00:52:51,920

boom so become a producer and

1465

00:52:55,109 --> 00:52:53,520

what we like to promote is if you want

1466

00:52:58,309 --> 00:52:55,119

to be in the business

1467

00:52:59,829 --> 00:52:58,319

of helping people grow food then get

1468

00:53:01,430 --> 00:52:59,839

ahold of us because that's what we do

1469

00:53:02,470 --> 00:53:01,440

we're in that business we created the

1470

00:53:04,870 --> 00:53:02,480

foundation

1471

00:53:05,670 --> 00:53:04,880

we have a permaculture design team who

1472

00:53:09,270 --> 00:53:05,680

helps design

1473

00:53:11,750 --> 00:53:09,280

food for us we have installation manager

1474

00:53:12,309 --> 00:53:11,760

we have all the components to make it

1475

00:53:15,349 --> 00:53:12,319

easy

1476
00:53:18,630 --> 00:53:15,359
for somebody to plug into this business

1477
00:53:19,990 --> 00:53:18,640
and this scalable business is how we

1478
00:53:23,910 --> 00:53:20,000
create our freedom

1479
00:53:26,309 --> 00:53:23,920
from tyranny on all of those levels

1480
00:53:27,990 --> 00:53:26,319
yes and i was gonna bring that up as

1481
00:53:30,309 --> 00:53:28,000
we're wrapping this up i always like the

1482
00:53:32,710 --> 00:53:30,319
last section to be really more about the

1483
00:53:34,549 --> 00:53:32,720
practical aspects of the guests work and

1484
00:53:37,910 --> 00:53:34,559
how they can be supported and

1485
00:53:39,589 --> 00:53:37,920
uh how we can take it forward and yes it

1486
00:53:41,990 --> 00:53:39,599
seems like

1487
00:53:43,030 --> 00:53:42,000
maybe listeners who are so jazzed up

1488
00:53:45,030 --> 00:53:43,040

that they're thinking no

1489

00:53:46,549 --> 00:53:45,040

you know what screw my corporate job

1490

00:53:48,870 --> 00:53:46,559

where i'm doing harm

1491

00:53:49,670 --> 00:53:48,880

i want to transition to something else

1492

00:53:55,190 --> 00:53:49,680

like

1493

00:53:56,549 --> 00:53:55,200

designers across the country or hiring

1494

00:53:58,390 --> 00:53:56,559

people to implement some of the

1495

00:53:59,589 --> 00:53:58,400

blueprints that you're giving people

1496

00:54:01,510 --> 00:53:59,599

nationwide like

1497

00:54:03,430 --> 00:54:01,520

there does seem to be opportunities for

1498

00:54:06,309 --> 00:54:03,440

people to

1499

00:54:07,670 --> 00:54:06,319

transition their their jobs even within

1500

00:54:08,870 --> 00:54:07,680

what you're doing is that what you're

1501
00:54:11,349 --> 00:54:08,880
saying

1502
00:54:12,630 --> 00:54:11,359
not just opportunities the opportunity

1503
00:54:14,870 --> 00:54:12,640
of a lifetime

1504
00:54:16,390 --> 00:54:14,880
if you if you for real if you want to

1505
00:54:18,710 --> 00:54:16,400
have your own business

1506
00:54:19,910 --> 00:54:18,720
and you are inspired by what we're

1507
00:54:22,230 --> 00:54:19,920
talking about today

1508
00:54:23,829 --> 00:54:22,240
then definitely get a hold of us because

1509
00:54:26,870 --> 00:54:23,839
like i'll give you an example

1510
00:54:29,829 --> 00:54:26,880
mario and lisa up in the carolinas

1511
00:54:30,870 --> 00:54:29,839
they've been at this now about 35 45

1512
00:54:32,870 --> 00:54:30,880
days or so

1513
00:54:34,470 --> 00:54:32,880

and they're getting job after job after

1514

00:54:37,030 --> 00:54:34,480

job because

1515

00:54:39,990 --> 00:54:37,040

our network is expanding so fast that

1516

00:54:42,870 --> 00:54:40,000

we're looking for people to help supply

1517

00:54:43,990 --> 00:54:42,880

the on the ground installation part of

1518

00:54:46,069 --> 00:54:44,000

the business

1519

00:54:47,109 --> 00:54:46,079

so we've created the foundation of that

1520

00:54:49,510 --> 00:54:47,119

the structure

1521

00:54:50,150 --> 00:54:49,520

which includes the shirts and the brands

1522

00:54:52,630 --> 00:54:50,160

and the

1523

00:54:54,309 --> 00:54:52,640

content we've got an amazing social

1524

00:54:57,349 --> 00:54:54,319

media marketing campaign

1525

00:54:57,910 --> 00:54:57,359

and leader goes day here and she's

1526
00:55:00,309 --> 00:54:57,920
helping

1527
00:55:00,950 --> 00:55:00,319
with that piece of the puzzle we've got

1528
00:55:04,390 --> 00:55:00,960
support

1529
00:55:06,710 --> 00:55:04,400
team managers and leaders so in essence

1530
00:55:07,829 --> 00:55:06,720
somebody's getting a full team of

1531
00:55:10,309 --> 00:55:07,839
partners

1532
00:55:12,390 --> 00:55:10,319
and we do a split in fact it's a lot

1533
00:55:15,270 --> 00:55:12,400
like a franchise except for

1534
00:55:16,710 --> 00:55:15,280
i hate the [h__h] i actually spent a

1535
00:55:19,829 --> 00:55:16,720
quarter million dollars

1536
00:55:21,270 --> 00:55:19,839
getting prepared for a launch of this

1537
00:55:23,030 --> 00:55:21,280
type of business although i

1538
00:55:24,950 --> 00:55:23,040

refined it made it simpler and simpler

1539

00:55:27,670 --> 00:55:24,960

and simpler and

1540

00:55:28,710 --> 00:55:27,680

our job is to support the people that

1541

00:55:31,589 --> 00:55:28,720

are on the ground

1542

00:55:31,990 --> 00:55:31,599

helping people grow food in every way

1543

00:55:35,030 --> 00:55:32,000

and

1544

00:55:36,950 --> 00:55:35,040

it's going well as a result of just the

1545

00:55:39,109 --> 00:55:36,960

last 35-40 days

1546

00:55:40,230 --> 00:55:39,119

we're going to be in 40 states and 10

1547

00:55:43,510 --> 00:55:40,240

countries

1548

00:55:45,349 --> 00:55:43,520

by summer by june july

1549

00:55:46,630 --> 00:55:45,359

it's going viral and then every one of

1550

00:55:48,230 --> 00:55:46,640

those people

1551
00:55:49,990 --> 00:55:48,240
once their neighbors see what they're

1552
00:55:51,270 --> 00:55:50,000
doing they're going to tell their

1553
00:55:52,069 --> 00:55:51,280
friends and they're going to tell their

1554
00:55:55,109 --> 00:55:52,079
friends

1555
00:55:57,030 --> 00:55:55,119
and the people the awake people

1556
00:55:58,150 --> 00:55:57,040
thanks to dell and his group and his

1557
00:56:00,789 --> 00:55:58,160
team and his network

1558
00:56:01,589 --> 00:56:00,799
and everything else we're doing yourself

1559
00:56:03,430 --> 00:56:01,599
greg

1560
00:56:05,030 --> 00:56:03,440
i'm very honored to be here and i

1561
00:56:06,950 --> 00:56:05,040
appreciate the work you're doing

1562
00:56:08,870 --> 00:56:06,960
yes yes and i heard you say you got a

1563
00:56:11,030 --> 00:56:08,880

very big response from

1564

00:56:13,270 --> 00:56:11,040

dell's show and i would say challenge

1565

00:56:16,150 --> 00:56:13,280

accepted because we have a pretty

1566

00:56:17,670 --> 00:56:16,160

large and responsive audience as well

1567

00:56:20,390 --> 00:56:17,680

and i would like to see

1568

00:56:21,109 --> 00:56:20,400

uh you feel that impact and just before

1569

00:56:22,710 --> 00:56:21,119

we go i

1570

00:56:25,750 --> 00:56:22,720

i had a couple more questions about

1571

00:56:28,150 --> 00:56:25,760

galt's landing i mean i am just curious

1572

00:56:29,910 --> 00:56:28,160

when this is going to be done when

1573

00:56:32,069 --> 00:56:29,920

people are going to start purchasing

1574

00:56:33,990 --> 00:56:32,079

these properties and moving in

1575

00:56:35,510 --> 00:56:34,000

i mean how close is this to

1576

00:56:38,390 --> 00:56:35,520

implementation versus

1577

00:56:40,230 --> 00:56:38,400

design phase so the first house will be

1578

00:56:43,030 --> 00:56:40,240

done in about two months

1579

00:56:43,750 --> 00:56:43,040

and the first doc is in the first minute

1580

00:56:46,630 --> 00:56:43,760

food for us

1581

00:56:48,309 --> 00:56:46,640

in the first wells in so we are going to

1582

00:56:50,630 --> 00:56:48,319

have a demonstration site

1583

00:56:51,349 --> 00:56:50,640

literally by by the end of summer at the

1584

00:56:55,510 --> 00:56:51,359

latest

1585

00:56:57,510 --> 00:56:55,520

we'll be on site and proving the model

1586

00:57:00,150 --> 00:56:57,520

wow and i understand there's only really

1587

00:57:02,470 --> 00:57:00,160

10 housing units in the neighborhood

1588

00:57:03,670 --> 00:57:02,480

maybe there will be more left sorry

1589

00:57:07,510 --> 00:57:03,680

eight lots left

1590

00:57:09,829 --> 00:57:07,520

geez and the house is already built

1591

00:57:12,150 --> 00:57:09,839

or the the people build their own houses

1592

00:57:14,230 --> 00:57:12,160

and the food forest just goes around it

1593

00:57:16,069 --> 00:57:14,240

my partner brian is the developer i'm

1594

00:57:18,549 --> 00:57:16,079

the owner of lot nine and i kind of put

1595

00:57:20,390 --> 00:57:18,559

the food for a sustainability piece

1596

00:57:22,150 --> 00:57:20,400

the food forest will go around the house

1597

00:57:23,510 --> 00:57:22,160

but it's everybody's gonna have

1598

00:57:27,109 --> 00:57:23,520

ownership of their own

1599

00:57:28,630 --> 00:57:27,119

one plus acre homestead and then the

1600

00:57:30,630 --> 00:57:28,640

common areas are all going to be food

1601
00:57:32,309 --> 00:57:30,640
for us as well

1602
00:57:33,990 --> 00:57:32,319
but anybody can do it basically what

1603
00:57:34,789 --> 00:57:34,000
they want with their own piece of the

1604
00:57:38,150 --> 00:57:34,799
puzzle

1605
00:57:40,309 --> 00:57:38,160
wow amazing amazing i never saw myself

1606
00:57:42,470 --> 00:57:40,319
moving from san diego to central florida

1607
00:57:44,870 --> 00:57:42,480
but i am tempted that just sounds

1608
00:57:45,990 --> 00:57:44,880
so great and okay so if people are

1609
00:57:48,549 --> 00:57:46,000
jazzed up

1610
00:57:49,430 --> 00:57:48,559
they could also what get a blueprint

1611
00:57:51,589 --> 00:57:49,440
from you

1612
00:57:53,109 --> 00:57:51,599
take the course what other offerings

1613
00:57:53,670 --> 00:57:53,119

should they know about before we call it

1614

00:58:01,030 --> 00:57:53,680

in

1615

00:58:03,430 --> 00:58:01,040

design

1616

00:58:05,349 --> 00:58:03,440

in such a way where if they want to diy

1617

00:58:06,150 --> 00:58:05,359

it we will help them through that

1618

00:58:08,069 --> 00:58:06,160

process

1619

00:58:09,670 --> 00:58:08,079

they'll be able to save the margin that

1620

00:58:12,150 --> 00:58:09,680

we make as a corporation

1621

00:58:13,510 --> 00:58:12,160

and we love it in fact we will even

1622

00:58:15,270 --> 00:58:13,520

encourage those people

1623

00:58:16,789 --> 00:58:15,280

to join our network and become

1624

00:58:19,510 --> 00:58:16,799

demonstrators in their

1625

00:58:21,109 --> 00:58:19,520

areas to inspire more people because you

1626
00:58:23,670 --> 00:58:21,119
don't want to be the only person in the

1627
00:58:26,950 --> 00:58:23,680
years to come that has food

1628
00:58:29,349 --> 00:58:26,960
that is true that is true man

1629
00:58:32,150 --> 00:58:29,359
well jim this has just been amazing i

1630
00:58:34,549 --> 00:58:32,160
think your passion is pretty contagious

1631
00:58:37,190 --> 00:58:34,559
and if we want these systems that don't

1632
00:58:39,109 --> 00:58:37,200
serve us to go away or see them decline

1633
00:58:40,309 --> 00:58:39,119
we have to build the better systems that

1634
00:58:42,309 --> 00:58:40,319
will take us forward

1635
00:58:43,910 --> 00:58:42,319
and i appreciate that you're paving the

1636
00:58:45,510 --> 00:58:43,920
way thanks for

1637
00:58:46,950 --> 00:58:45,520
taking the time keep fighting the good

1638
00:58:49,750 --> 00:58:46,960

fight

1639

00:58:50,390 --> 00:58:49,760

greg man it's been a pleasure first two

1640

00:58:53,030 --> 00:58:50,400

hour

1641

00:58:54,630 --> 00:58:53,040

podcast and i'm just uh i love it and i

1642

00:58:55,190 --> 00:58:54,640

appreciate everything you're doing thank

1643

00:59:00,789 --> 00:58:55,200

you

1644

00:59:05,190 --> 00:59:00,799

cheers man have a good one cheers

1645

00:59:07,990 --> 00:59:05,200

youtube buddy ciao

1646

00:59:10,309 --> 00:59:08,000

all hail the great jim gayle swinging

1647

00:59:12,309 --> 00:59:10,319

back into the solution side of things

1648

00:59:14,150 --> 00:59:12,319

with a guest who's not shy about

1649

00:59:16,069 --> 00:59:14,160

peppering in a little shade thrown at

1650

00:59:18,470 --> 00:59:16,079

the capstone cabal

1651

00:59:20,069 --> 00:59:18,480

and that's a recipe for a great thc i

1652

00:59:21,990 --> 00:59:20,079

would say

1653

00:59:23,670 --> 00:59:22,000

and this was another episode where once

1654

00:59:26,309 --> 00:59:23,680

we got off the air i

1655

00:59:27,750 --> 00:59:26,319

asked about a coupon code or any sort of

1656

00:59:28,390 --> 00:59:27,760

deal he might want to give to the

1657

00:59:31,430 --> 00:59:28,400

listeners

1658

00:59:33,030 --> 00:59:31,440

and we do have a little something jim

1659

00:59:36,150 --> 00:59:33,040

said that for anyone who

1660

00:59:37,349 --> 00:59:36,160

does order a food forest installation on

1661

00:59:39,750 --> 00:59:37,359

their property

1662

00:59:41,910 --> 00:59:39,760

he will give them a free fruit tree if

1663

00:59:43,829 --> 00:59:41,920

they mention this interview

1664

00:59:45,670 --> 00:59:43,839

so that's pretty cool if you are

1665

00:59:45,990 --> 00:59:45,680

fortunate enough to have a little space

1666

00:59:49,109 --> 00:59:46,000

i think

1667

00:59:51,750 --> 00:59:49,119

this would be an awesome use of it

1668

00:59:53,910 --> 00:59:51,760

obviously extra space is hard to come by

1669

00:59:54,950 --> 00:59:53,920

in california but i have friends who own

1670

00:59:57,430 --> 00:59:54,960

houses

1671

00:59:58,870 --> 00:59:57,440

back home in missouri in colorado and

1672

01:00:01,030 --> 00:59:58,880

texas

1673

01:00:03,030 --> 01:00:01,040

and i think they all have a little

1674

01:00:04,950 --> 01:00:03,040

corner of the yard that could be turned

1675

01:00:07,030 --> 01:00:04,960

into a food factory

1676
01:00:08,390 --> 01:00:07,040
as i mentioned earlier same with parents

1677
01:00:10,470 --> 01:00:08,400
houses

1678
01:00:12,390 --> 01:00:10,480
i've got friends who recently went back

1679
01:00:13,750 --> 01:00:12,400
home to see their aging parents and

1680
01:00:16,069 --> 01:00:13,760
spent most of the time

1681
01:00:18,549 --> 01:00:16,079
cutting the grass cleaning up old wood

1682
01:00:21,109 --> 01:00:18,559
piles and stuff like that

1683
01:00:22,710 --> 01:00:21,119
so there are more opportunities than one

1684
01:00:25,030 --> 01:00:22,720
might think

1685
01:00:26,549 --> 01:00:25,040
plus i love how jim puts things in

1686
01:00:29,990 --> 01:00:26,559
economic terms

1687
01:00:31,109 --> 01:00:30,000
even the indoor micro greens this is how

1688
01:00:32,870 --> 01:00:31,119

much it costs

1689

01:00:35,190 --> 01:00:32,880

this is how much it can yield and this

1690

01:00:37,750 --> 01:00:35,200

is how much you can sell them for and

1691

01:00:39,750 --> 01:00:37,760

it just all works to really break the

1692

01:00:41,589 --> 01:00:39,760

scarcity spell

1693

01:00:43,190 --> 01:00:41,599

so there is a lot that can be done and

1694

01:00:45,829 --> 01:00:43,200

rarely does a thc

1695

01:00:48,390 --> 01:00:45,839

show up that has such a wide range of

1696

01:00:50,710 --> 01:00:48,400

follow-up possibilities

1697

01:00:52,950 --> 01:00:50,720

you could just get a design from jim

1698

01:00:54,630 --> 01:00:52,960

which is great in and of itself

1699

01:00:56,470 --> 01:00:54,640

maybe you have some space and you just

1700

01:00:57,589 --> 01:00:56,480

want to make sure it's optimized for

1701

01:00:59,670 --> 01:00:57,599

this kind of thing well

1702

01:01:00,870 --> 01:00:59,680

you can purchase a design plan with

1703

01:01:03,910 --> 01:01:00,880

their expertise

1704

01:01:05,910 --> 01:01:03,920

and then do the work yourself or you can

1705

01:01:06,710 --> 01:01:05,920

take the easy road and have them do the

1706

01:01:08,829 --> 01:01:06,720

full install

1707

01:01:11,670 --> 01:01:08,839

and get yourself a free fruit tree to

1708

01:01:13,670 --> 01:01:11,680

boot or you could write gym and see if

1709

01:01:15,750 --> 01:01:13,680

you can actually get involved in

1710

01:01:17,829 --> 01:01:15,760

being what sounds a lot like a

1711

01:01:20,230 --> 01:01:17,839

franchisee or a satellite

1712

01:01:21,990 --> 01:01:20,240

employee that helps their company spread

1713

01:01:23,589 --> 01:01:22,000

around the country

1714

01:01:25,109 --> 01:01:23,599

or if you're really going to go all in

1715

01:01:27,190 --> 01:01:25,119

on this you could buy a house in the

1716

01:01:28,470 --> 01:01:27,200

permaculture paradise he's setting up in

1717

01:01:30,710 --> 01:01:28,480

florida

1718

01:01:31,750 --> 01:01:30,720

what a serious range of options and

1719

01:01:35,510 --> 01:01:31,760

opportunities but

1720

01:01:37,349 --> 01:01:35,520

tell him you come by way of thc anyway

1721

01:01:38,710 --> 01:01:37,359

and maybe he'll throw you an extra bone

1722

01:01:41,270 --> 01:01:38,720

or something but

1723

01:01:42,870 --> 01:01:41,280

i'm inspired by what jim is doing and

1724

01:01:43,829 --> 01:01:42,880

really wanted to help him spread the

1725

01:01:46,069 --> 01:01:43,839

word

1726

01:01:47,750 --> 01:01:46,079

i was a bit nervous about truly filling

1727

01:01:51,030 --> 01:01:47,760

up the two-hour show with such a

1728

01:01:52,950 --> 01:01:51,040

specific niche topic but we did it

1729

01:01:55,670 --> 01:01:52,960

and it's important enough that i just

1730

01:01:57,910 --> 01:01:55,680

wanted to do it anyway

1731

01:02:00,710 --> 01:01:57,920

it's just such a good point that every

1732

01:02:02,470 --> 01:02:00,720

square foot of lawn or wasted space that

1733

01:02:05,190 --> 01:02:02,480

we can inspire people to turn

1734

01:02:08,390 --> 01:02:05,200

into a food forest or edible landscape

1735

01:02:10,470 --> 01:02:08,400

has such a range of stacked benefits

1736

01:02:13,190 --> 01:02:10,480

better homesteading skills for people

1737

01:02:16,789 --> 01:02:13,200

who engage with it better use of space

1738

01:02:19,029 --> 01:02:16,799

an erosion of our system dependence

1739

01:02:20,950 --> 01:02:19,039

an erosion of corporate gmo crop

1740

01:02:23,430 --> 01:02:20,960

producers market share

1741

01:02:23,990 --> 01:02:23,440

better health through healthier diet and

1742

01:02:26,950 --> 01:02:24,000

in turn

1743

01:02:29,270 --> 01:02:26,960

erosion of big pharma's profits this

1744

01:02:31,430 --> 01:02:29,280

sounds like a big part of how we win

1745

01:02:32,309 --> 01:02:31,440

complex problems with really simple

1746

01:02:34,950 --> 01:02:32,319

solutions as

1747

01:02:36,630 --> 01:02:34,960

jim pointed out but i know jim would

1748

01:02:38,230 --> 01:02:36,640

love to hear from you guys and helping

1749

01:02:40,950 --> 01:02:38,240

to widen this network

1750

01:02:42,390 --> 01:02:40,960

is a beautiful thing i know our sound

1751

01:02:44,710 --> 01:02:42,400

quality wasn't the best

1752

01:02:46,710 --> 01:02:44,720

again and i think i just need to be a

1753

01:02:48,950 --> 01:02:46,720

bit more proactive in communicating

1754

01:02:51,349 --> 01:02:48,960

beforehand what i need to make sure that

1755

01:02:54,470 --> 01:02:51,359

we have the best sound quality

1756

01:02:56,390 --> 01:02:54,480

historically i've just assumed and left

1757

01:02:58,630 --> 01:02:56,400

it up to chance but lately that is not

1758

01:03:00,309 --> 01:02:58,640

working all that well

1759

01:03:03,109 --> 01:03:00,319

i think this last year has really

1760

01:03:06,230 --> 01:03:03,119

conditioned people to think in terms of

1761

01:03:07,750 --> 01:03:06,240

zoom to just open up the laptop no

1762

01:03:09,990 --> 01:03:07,760

headphones needed and

1763

01:03:12,069 --> 01:03:10,000

go for it but that is not the best

1764

01:03:13,270 --> 01:03:12,079

protocol in my case and i'm going to

1765

01:03:16,069 --> 01:03:13,280

communicate what i need

1766

01:03:17,990 --> 01:03:16,079

a bit better going forward so don't

1767

01:03:20,230 --> 01:03:18,000

think i haven't noticed but a huge

1768

01:03:21,510 --> 01:03:20,240

thanks to our editor justin who took two

1769

01:03:23,990 --> 01:03:21,520

passes on this one

1770

01:03:25,829 --> 01:03:24,000

to make it as good as he could i've

1771

01:03:26,069 --> 01:03:25,839

already talked to randall carlson about

1772

01:03:27,510 --> 01:03:26,079

an

1773

01:03:29,990 --> 01:03:27,520

optimum setup for the one we're

1774

01:03:32,390 --> 01:03:30,000

recording tomorrow so we should be good

1775

01:03:33,349 --> 01:03:32,400

there and that's what i'm gonna go get

1776

01:03:35,910 --> 01:03:33,359

ready for now

1777

01:03:38,230 --> 01:03:35,920

so i hope you enjoyed what you heard and

1778

01:03:39,589 --> 01:03:38,240

all the offerings on the thc table for

1779

01:03:41,910 --> 01:03:39,599

june

1780

01:03:43,029 --> 01:03:41,920

food forests automatic writing with

1781

01:03:45,510 --> 01:03:43,039

michael sandler

1782

01:03:47,349 --> 01:03:45,520

orgasmic birth and vaccine concerns with

1783

01:03:49,750 --> 01:03:47,359

dr northrup

1784

01:03:52,069 --> 01:03:49,760

angelic sailors with pierre sabacc and

1785

01:03:52,710 --> 01:03:52,079

sub personalities and entity attachment

1786

01:03:55,910 --> 01:03:52,720

with dr

1787

01:03:57,750 --> 01:03:55,920

tom zinzer as wild and diverse as ever

1788

01:04:00,069 --> 01:03:57,760

if you liked those shows and only heard

1789

01:04:01,750 --> 01:04:00,079

the first hour you're missing a lot

1790

01:04:04,150 --> 01:04:01,760

you already seem to like the show why

1791

01:04:06,309 --> 01:04:04,160

not hop into thg plus for eight dollars

1792

01:04:08,230 --> 01:04:06,319

a month and just try me out

1793

01:04:10,470 --> 01:04:08,240

it keeps me charged up and keeps the

1794

01:04:13,270 --> 01:04:10,480

passion going plus you get more

1795

01:04:14,230 --> 01:04:13,280

show in today's second hour we talked

1796

01:04:17,589 --> 01:04:14,240

about the seven

1797

01:04:20,549 --> 01:04:17,599

layers of a food forest food fences 12

1798

01:04:22,549 --> 01:04:20,559

growable antiviral herbs backwards

1799

01:04:24,630 --> 01:04:22,559

american culture

1800

01:04:27,029 --> 01:04:24,640

more examples of the magic and

1801

01:04:30,789 --> 01:04:27,039

intelligence of plants and trees

1802

01:04:33,910 --> 01:04:30,799

available space and yield calculations

1803

01:04:36,789 --> 01:04:33,920

duct deficiencies the miraculous

1804

01:04:37,190 --> 01:04:36,799

meringue tree probably my favorite part

1805

01:04:39,510 --> 01:04:37,200

and

1806

01:04:42,150 --> 01:04:39,520

fun little stuff like improving your sex

1807

01:04:44,150 --> 01:04:42,160

life with plants

1808

01:04:47,109 --> 01:04:44,160

preying on insecurities getting people

1809

01:04:49,190 --> 01:04:47,119

to sign up in the way that works best

1810

01:04:51,430 --> 01:04:49,200

but really we tip waiters eight bucks

1811

01:04:53,109 --> 01:04:51,440

for bringing us a sandwich and a beer

1812

01:04:55,270 --> 01:04:53,119

maybe you wouldn't mind tipping me for

1813

01:04:57,309 --> 01:04:55,280

this service and getting twice as much

1814

01:04:58,789 --> 01:04:57,319

of it at the same time the

1815

01:05:01,750 --> 01:04:58,799

highersidechats.com

1816

01:05:02,309 --> 01:05:01,760

or click the top link in the show notes

1817

01:05:04,549 --> 01:05:02,319

july

1818

01:05:05,750 --> 01:05:04,559

also looks really action-packed and

1819

01:05:07,829 --> 01:05:05,760

diverse so

1820

01:05:08,789 --> 01:05:07,839

come on in the water's fine but thanks

1821

01:05:11,270 --> 01:05:08,799

for listening

1822

01:05:12,309 --> 01:05:11,280

food forest abundance for all i've done

1823

01:05:13,829 --> 01:05:12,319

my part

1824

01:05:16,150 --> 01:05:13,839

your move death promoters

1825

01:05:19,029 --> 01:05:16,160

self-sufficiency eroders and agents of

1826

01:05:28,789 --> 01:05:19,039

the suburban lawn mine virus

1827

01:05:36,270 --> 01:05:32,150

stuff that makes you fat

1828

01:05:37,349 --> 01:05:36,280

yeah it's a weak and sickly people make

1829

01:05:50,420 --> 01:05:37,359

[Applause]

1830

01:05:57,670 --> 01:05:50,430

don't tell me don't tell me

1831

01:06:10,549 --> 01:06:04,830

that's right

1832

01:06:17,670 --> 01:06:13,589

got an addiction to the digital

1833

01:06:18,390 --> 01:06:17,680

technology and every now and then i try

1834

01:06:21,589 --> 01:06:18,400

to quit

1835

01:06:22,069 --> 01:06:21,599

and leave it be but it's too hard to

1836

01:06:36,060 --> 01:06:22,079

turn

1837

01:06:36,070 --> 01:06:42,710

[Music]

1838

01:06:42,720 --> 01:07:06,069

i don't have to face that's right

1839

01:07:24,069 --> 01:07:14,440

don't tell me you're right

1840

01:07:42,470 --> 01:07:24,079

[Music]